

News & Notes

#1078, 8 May 2025

A weekly bulletin for residents of Auroville



Hydrangea, Hortensia. Matrimandir. Photo by Alexey

Message of the Flower—Collective Harmony.

The Mother's Comment: "Collective harmony is the work undertaken by the Divine Consciousness; it alone has the power to realise it."

Pondering



For all problems of existence are essentially problems of harmony. They arise from the perception of an unsolved discord and the instinct of an undiscovered agreement or unity. To rest content with an unsolved discord is possible for the practical and more animal part of man, but

impossible for his fully awakened mind, and usually even his practical parts only escape from the general necessity either by shutting out the problem or by accepting a rough, utilitarian and unilluminated compromise. For essentially, all Nature seeks a harmony, life and matter in their own sphere as much as mind in the arrangement of its perceptions.

Sri Aurobindo
The Life Divine—I: The Human Aspiration

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House of Mother's Agenda



(continued from last week)

This mystery of our being implies necessarily a similar supreme mystery of the being of the Purushottama, *rahasyam uttamam*. It is not an exclusive impersonality of the Absolute that is the highest secret. This highest secret is the miracle of a supreme Person and apparent vast Impersonal that are one, an immutable transcendent Self of all things and a Spirit that manifests itself here at the very foundation of cosmos as an infinite and multiple personality acting everywhere,—a Self and Spirit revealed to our last, closest, profoundest experience as an illimitable Being who accepts us and takes us to him, not into a blank of featureless existence, but most positively, deeply, wonderfully into all Himself and in all the ways of his and our conscious existence. This highest experience and this largest way of seeing open a profound, moving and endless significance to our parts of nature, our knowledge, will, heart's love and adoration, which is lost or diminished if we put an exclusive stress on the impersonal, because that stress suppresses or minimises or does not allow of the intensest fulfilment of movements and powers that are a portion of our deepest nature, intensities and luminosities that are attached to the closest essential fibres of our self-experience. It is not the austerity of knowledge alone that can help us; there is room and infinite room for the heart's love and aspiration illumined and uplifted by knowledge, a more mystically clear, a greater calmly passionate knowledge. It is by the perpetual unified closeness of our heart-consciousness, mind-consciousness, all consciousness, *satatam maccittah*, that we get the widest, the deepest, the most [B.G.18.57](#) integral experience of our oneness with the Eternal. A nearest oneness in all the being, profoundly individual in a divine passion even in the midst of universality, even at the top of transcendence is here enjoined on the human soul as its way to reach the Highest and its way to possess the perfection and the divine consciousness to which it is called by its nature as a spirit. The intelligence and will have to turn the whole existence in all its parts to the Ishwara, to the divine Self and Master of that whole existence, [B.G.18.57](#) *buddhi-yogam upāśritya*. The heart has to cast all other emotion into the delight of oneness with him and the love of Him in all creatures. The sense spiritualised has to see and hear and feel him everywhere. The life has to be utterly his life in the Jiva. All the actions have to proceed from his sole power and sole initiation in the will, knowledge, organs of action, senses, vital parts, body. This way is deeply impersonal because the separateness of ego is abolished for the soul universalised and restored to transcendence. And yet it is intimately personal because it soars to a transcendent passion and power of indwelling and oneness. A featureless extinction may be a rigorous demand of the mind's logic of self-annulment; it is not the last word of the supreme mystery, *rahasyam uttamam*.

The refusal of Arjuna to persevere in his divinely appointed [B.G.18.58](#) work proceeded from the ego sense in him, *ahankāra*. Behind it was a mixture and confusion and tangled error of ideas and impulsions of the sattwic, rajasic, tamasic ego, the vital nature's fear of sin and its personal consequences, the heart's recoil from individual grief and suffering, the clouded reason's covering of egoistic impulses by self-deceptive specious pleas of right and virtue, our nature's ignorant shrinking from the ways of God because they seem other than the ways of man and impose things terrible and unpleasant on his nervous and emotional parts and his intelligence. The spiritual consequences will be infinitely worse now than before, now that a higher truth and a greater way and spirit of action have been revealed to him, if yet persisting in his egoism he perseveres in a vain and impossible refusal. For it is a vain resolution, a futile recoil, since it springs only from a temporary failure of strength, a strong but passing deviation from the principle of energy of his inmost character, and is not [B.G.18.59](#) the true will and way of his nature. If now he casts down his arms, he will yet be compelled by that nature to resume them when he sees the battle and slaughter go on without him, his abstention a defeat of all for which he has lived, the cause for whose service he was born weakened and bewildered by the absence or inactivity of its protagonist, vanquished and afflicted by the cynical and unscrupulous strength of the champions of a self-regarding unrighteousness and injustice. And in this return there will be no spiritual virtue. It was a confusion of the ideas and feelings of the ego mind that impelled his refusal; it will be his nature working through a restoration of the characteristic ideas and feelings of the ego mind that will compel him to annul his refusal. But whatever the direction, this continued subjection to the ego will mean a worse, a more fatal spiritual refusal, a perdition, *vinaṣṭi*; for it will be a definite falling away from a greater truth of his being than that which he has followed in the ignorance of the lower nature. He has been admitted to a higher consciousness, a new self-realisation, he has been shown the possibility of a divine instead of an egoistic action; the gates have been opened before him of a divine and spiritual in place of a merely intellectual, emotional, sensuous and vital life. He is called to be no longer a great blind instrument, but a conscious soul and an enlightened power and vessel of the Godhead.

(to be continued next week)

**Sri Aurobindo—Essays on the Gita,
The Supreme Secret**

<https://incarnateword.in/cwsa/19/the-supreme-secret>

Gangalakshmi (HOMA)



Townhall Speaks

APPLICATION ANNOUNCEMENT

08-05-2025



Auroville
Town
Development
Council

L'avenir d'Auroville

The following application has received Building Approval:

The Mother's Flower Garden—Garden No 6—BAA

- **Applicants:** Jyoti, Naren, Poonam, Rabindra & Satyakam
- **Location/ area:** City Area / Mahalakshmi Park
- **Estimated Cost:** 21,05,611/-
- **Area for which approval is sought:** 1548 sq.m
- **Project brief:** The aspiration of the project is to manifest one of the various gardens planned in the Mother's Flower Garden allocated site, as a sample and prototype. All gardens of MFG will be beautifully landscaped according to the significance The Mother has given the flowers and will house all the flowers that The Mother has given significance to, in Auroville. The Mother's Flower Garden project aspires and envisions the creation of a beautiful, meditative, inspiring space which will house most of these 898 varieties of flowers with their bursts of colors, fragrances, shapes, sizes and vibrations, permanently in Auroville. A space of learning, growing and connecting to the deeper self in us through the psychic in the vegetal world.

Constructive feedback guidelines

Subjective and personal approval of projects from neighbours to the projects has no resonance with the ideals of Auroville where we have committed to a life guided by no desire, no preferences and no sense of ownership. This subjective "approval from the neighbours" is no longer part of the application process as this has no place in Auroville.

When we publish projects for approval, we will discard all subjective and personal feedback with respect to "neighbours choosing neighbours" or "neighbours choosing development guidelines". All other feedback is welcome and will be part of the process.

No matter the personal opinions and attachments some may have regarding some projects, we take this opportunity to invite Aurovilians to use a tone in their feedback, inspired by The Spirit of Auroville, Human Unity and Progressive Harmony.

- **For more information on the projects** contact L'avenir d'Auroville (ATDC). Write to avenir@auroville.org.in for an appointment.

Joel, Resource Person

COURT VACATES INTERIM ORDER

Regarding Auroville Regulations

Madras High Court Vacates Interim Injunction on Auroville Foundation Regulations

As yet another turning point for Auroville growth and undeterred development, the Madras High Court, on 29 April, 2025, vacated the interim injunction that had previously hindered the implementation of key regulations issued by the Governing Board of the Auroville Foundation approved by the Ministry of Education. This decision comes in the wake of the Hon'ble Supreme Court's decisive judgment on 17 March, 2025, which reinforced the legal supremacy of the Governing Board of Auroville in all matters relating to the Auroville Foundation.

The Court's ruling emphasizes the **legal supremacy** of the Governing Board in all matters concerning the administration and regulation of the Auroville Foundation. It clarifies that the Residents' Assembly, while playing an advisory role under Section 19 of the Auroville Foundation Act, does not

hold executive power or authority over the formulation or enforcement of regulations. The ruling makes clear that the Governing Board has the authority to create regulations on matters such as admissions, terminations, and the overall governance of the Foundation. Therefore, the impugned interim injunction has been vacated, allowing the Governing Board to proceed with its responsibilities unimpeded.

In particular, the Supreme Court's 17 March verdicts specifically rejected any attempts to undermine the governing structure of Auroville. It concluded that there was no legal basis for claims that would limit the authority of the Governing Board, stating:

"The general superintendence, direction, and management of the affairs of the Foundation vest solely in the Governing Board. While the Residents' Assembly has its role, it cannot claim executive powers or authority over the Foundation's operations."

The **Supreme Court also affirmed the necessity of preserving the governance framework** that ensures the effective management and future growth of Auroville. The Court's ruling supports the autonomy of the Governing Board to regulate the admission of new residents and the termination of individuals from the register of residents, and other regulatory matters crucial to the stability and development of the community.

With this clear legal backing, the **interim injunction originally granted in February 2024 has now been vacated**, allowing the Governing Board to proceed with its responsibilities unimpeded. The ruling has also paved the way for the **admission of new residents**, many of whom have been waiting since long to join Auroville but were held back due to the obstruction created by certain individuals and their legal challenges.

This order of the Madras High Court of 29-04-25 for Auroville reaffirms the legitimacy and authority of the Governing Board to manage the community's affairs according to the law, ensuring its continued growth and vibrancy.

The attempts of those who sought to delay the community's progress have now been thwarted by the rulings of both the Madras High Court and the Supreme Court. The Supreme Court, in its 17 March, 2025 judgment, specifically noted the role of disgruntled residents engaging in frivolous litigations aimed at stalling the growth and development of Auroville. The Court condemned such actions as detrimental to the spirit of unity and collective advancement that Auroville represents, emphasizing the need for the community to move beyond these divisive tactics. The community can now move forward, united in its commitment to Auroville's ideals and future, free from the disruptions caused by continuous, frivolous, legal challenges.

Auroville is committed to ensuring that all future developments are in line with the vision of The Mother and Sri Aurobindo. We look forward to welcoming the long-awaited new residents and fostering a thriving, inclusive, and sustainable future for all.

The full decision from the Madras High Court can be viewed in the official order.

Submitted by Sindhuja, AVF Legal Coordinator

AUROVILLE NEWCOMERS

Please connect with the ATR team at the old Entry office to proceed with your process.

- **Contact:** atr@auroville.org.in

*The Working Committee
Anu, Arun, Joseba, Partha, Selvaraj, Tine*

GUEST REGISTRATION SERVICE

Summer Schedule

9:30—12:30, Monday—Saturday

Guest Registration Service at Town Hall will be open:

- **ONLY in the mornings** during the month of May 2025
- **and closed in the afternoons.**

Rajeswari for GRS Team, grs@auroville.org.in

CITY SERVICES CONTRIBUTIONS AND PAYMENTS

April 2025

Summary	Unspecified	Specified	Total
Buffer Opening Balance (BOB)	17,79,55,088	—	17,79,55,088
Monthly Contributions (Int. + Ext)	1,97,82,431	6,50,661	2,04,33,092
Total Contributions (OB+Monthly Inc)	19,77,37,519	6,50,661	19,83,88,180
Total Payments	1,82,04,751	6,50,661	1,88,55,412
CS Ending Balance (Includes BOB)	17,95,32,768	—	17,95,32,768
Monthly loss/ gain	15,77,679.89		

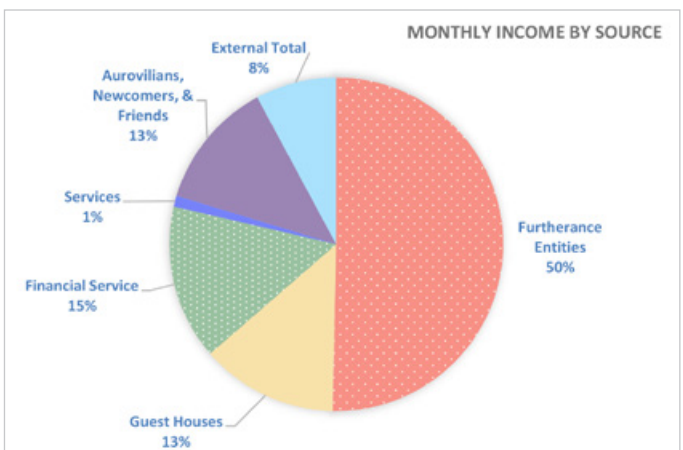
Internal Contributions

Source	Unspecified	Specified	Total
Furtherance Entities	97,31,958	5,53,156	1,02,85,114
Guest Houses	27,10,252	4,000	27,14,252
Financial Services	30,00,000	69,770	30,69,770
Services	2,15,900	—	2,15,900
Aurovilians, Newcomers, & Friends	25,24,321	23,735	25,48,056
Internal Total	1,81,82,431	6,50,661	1,88,33,092

External Contributions

Government of India for SAIER	16,00,000	—	16,00,000
Government of India for Other	—	—	—
Project Contributions	—	—	—
Foreign Contributions	—	—	—
External Total	16,00,000	—	16,00,000

Monthly Income by Source



- **Paper version:** Please read the full report in the end of the issue
- **E-Versions:** [Please read the full report here.](#)

BCC Team
(Angurajan, Arthi, Kalaiarasi, Kalaimathi,
Kaileshvaari, Punniyakodi, Victoria)

Community News

Matrimandir News & Schedules

AMPHITHEATRE—MATRIMANDIR Meditations at sunset with Savitri



6—6:30pm, every Thursday
(weather permitting)

Savitri, Sri Aurobindo's long mantric poem, read by Mother to Sunil's music are on weekly for everyone to concentrate, in this beautiful open space in the very center of Auroville.

- **Reminder to all:** The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not use cameras, i-pads, cell phones, etc. No photos.
- **Guests with Aurocard** wishing to attend must book at mmconcentration@auroville.org.in one or two days in advance. Please bring your Aurocard with you.
- **Access by Office Gate for the Amphitheater only** from 5:45pm.
- Guests are requested to bring along their Aurocards.
- **Last entry for guests** at 6pm. Access limited for guests to the Amphitheatre
- **Last exit for guests** at 6:45pm.

Velmurugan for Access team

MATRIMANDIR ACCESS INFORMATION

Changes to the Access Policy

- Firstly all Pass Holders and Aurovilians bringing guests will have to sign into a register at the Office Gate.
- Secondly Aurovilians can bring their close family members to the Gardens 4:30—6:30pm daily as long as they inform before 11am on the day of the proposed visit to mmconcentration@auroville.org.in.
- Thirdly, all guest houses and home stays please note: Guests only holding Aurocards, who wish to attend the Savitri Readings in the Amphitheatre on Thursday evenings will have to book one or two days in advance at mmconcentration@auroville.org.in.
- The Matrimandir Access team also wishes to remind all Aurovilians acting as guides for visitors or guests that your guests can not be treated as friends and brought to the Park of Unity at any time. All Tours and guided individuals and parties should be taken to the Viewing Point.
- The Matrimandir Access team also wishes to remind anyone running workshops and camps that visits to Matrimandir or the Park of Unity are not to be included in the itinerary. All group visits should be to the Viewing Point only. Individuals attending these events who wish to concentrate in the Inner Chamber are welcome to make a booking in the normal way at auroville.org.

Access to the Park of Unity

- The Matrimandir, the Petals, the Lotus Pond and the Banyan Tree are areas of **silence**.
- The Park of Unity is open to Aurovilians and registered Newcomers daily, 6am—7:30pm.
- Aurovilians may bring close family and friends to the Gardens daily, 9am—3:30pm.
- Aurovilians wishing to bring close family to the Gardens at any other time should inform mmconcentration@auroville.org.in before 11am on the day of the proposed visit.

- Savi registered Volunteers and Donors require a pass to enter the Park of Unity. Timings will be indicated on the pass.
- Published events in the Park of Unity are open to Aurovilians, registered Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Aurocards.
- Savitri Readings on Thursday evenings: Guests holding only Aurocards wishing to attend should book at mmconcentration@auroville.org.in one or two days in advance.

Access to the Inner Chamber of the Matrimandir

The Matrimandir is a place for silent individual concentration. The Inner Chamber is open to Aurovilians and registered Newcomers:

- Monday—Saturday: 6—8am, 4:30—7:30pm.
Sunday: 6am—12pm, 4:30—7:30pm.

The Inner Chamber is open to SAVI registered Volunteers:

- Wednesday—Monday, 8—8:40am.
Arrival at 7:45am at the Office Gate.

The Inner Chamber is open to Aurovilians wishing to accompany a maximum of 5 close family members and friends no more than once in two weeks, with booking 3 to 5 days in advance to mmconcentration@auroville.org.in

- Any day except Tuesday & Sunday:
8—8:35am. Arrival at 7:45am at the Office Gate.

The Inner Chamber, the Petals and the Gardens are open to the Children of Auroville and the Outreach Schools:

- Tuesday 9—11am.

Auroville units can bring their staff to the Inner Chamber with a prior booking to mmconcentration@auroville.org.in

- Tuesday 8—8:30am.

Access to Matrimandir for Visitors and Guests

Matrimandir Viewing Point

- The Viewing Point is open to the general public on presentation of a Pass. Visits to the Matrimandir Viewing Point are free of cost. Free passes can be obtained at the Auroville Visitors Centre.
- The Viewing Point lies south of the Park of Unity and offers visitors a panoramic view of the Matrimandir and the Gardens and the Lake.
- Timings starting from the Visitors Centre.
Daily, 9am—5:30pm.

The Inner Chamber of the Matrimandir

- The Inner Chamber is open to Visitors and Guests by prior booking only. Visitors and Guests seeking to concentrate in the Inner Chamber are requested to inquire at the Information Desk of the Visitors Centre after first visiting the Viewing Point, or to go to the website: auroville.org
- Prior booking is required to access the Inner Chamber at least one or two days in advance. Bookings for concentration are given for the following or the first free day as per availability and are accepted only up to one week in advance. Minimum age 10 years.
- The Petals are open to Visitors on the morning of their Inner Chamber visit.

The Petals of the Matrimandir

The Petals are open to Aurovilians, registered Newcomers and Pass holders: Daily 7—8am, 5—6pm.

Visiting Matrimandir with Family and Friends

Kindly note the following points regarding bringing family and close friends to the Matrimandir.

- **The Park of Unity**

Aurovilians may bring close family and friends (maximum 3, not guests) to the Gardens:

- 9am—3:30pm.
- 4:30—6pm, with prior information to mmconcentration@auroville.org.in the latest by 11am on the day of the visit.

- **The Inner Chamber of Matrimandir**

Aurovilians with close family and friends (max. 3, not guests):

- **Monday to Saturday** (Tuesday morning Closed) 8—8:35am. Arrival 7:45am at the Office Gate with prior booking to mmconcentration@auroville.org.in

- **Thursday Meditations at sunset with Savitri**

The guests with Aurocard wanting to attend the Savitri meditation on Thursday evening in the Amphitheatre have to book by filling in the form at the address <https://bit.ly/savitri-reading>.

Antoine,
for Matrimandir Executives

Awakening Spirit

SAVITRI BHAVAN SCHEDULE



May 2025

Exhibitions

- **Meditations on Savitri:** A painting exhibition of 472 paintings created by the Mother with Huta from 1961—67 is on display in the picture gallery
- **A Bilingual Exhibition on 'Sri Aurobindo:** A life-sketch in photographs' with texts both in English and Tamil is displayed in the upper corridor
- **Glimpses of the Mother:** Photographs and texts in the Square Hall

This month:

- NO Film
- NO OM Choir and NO Savitri Satsang
- NO Satsang led by Ashesh Joshi

Full Moon Gathering

- **Monday, 12 May, 7:15—8:15pm**
in front of Sri Aurobindo's statue

Regular Activities

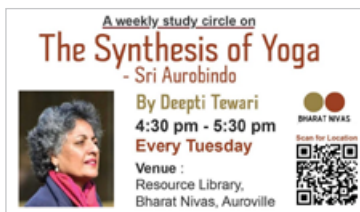
- **Sundays 10:30—12pm:** Savitri Study Circle led by Larry Seidlitz
- **Mondays 3—4pm:** How to find the soul—Theory & Practice led by Dr. Jai Singh
- **Tuesdays 3—4pm:** Readings of the words of The Mother on Aims and Ideals of Auroville led by Dr. Jai Singh
- **Mondays to Saturdays 3—5pm:** L'Agenda de Mère: listening to recordings with Gangalakshmi
- **Thursdays 4—5pm:** Videos of The English of Savitri led by Shraddhavan
- **Thursdays 4—5:30pm:** Reading Savitri in Russian with Anatoli
- **Fridays 3—4pm:** Reflections on 'Release of Ego' part 2 of Ch.9 from The Synthesis of Yoga led by Dr. Jai Singh
- **Exhibitions, Main Building and Office** are open Monday to Saturday 9am—5pm
- **Library and Digital Library** is open Monday to Friday 9am—5pm

Dhanalakshmi
for Savitri Bhavan



Bharat Nivas Presents

**PAUSE OF WEEKLY STUDY CIRCLE
on Sri Aurobindo's The Synthesis of Yoga**



until the beginning of June.

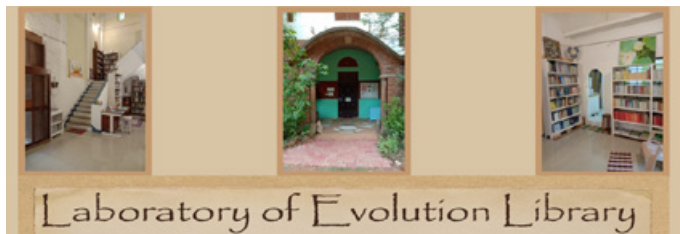
Monisha for BN Team

**BRAHMANASPATI KSHETRAM
Calendar of Regular Events
May 2025**



Rajan

LABORATORY OF EVOLUTION LIBRARY



Focused on the evolutive vision, work of Sri Aurobindo & The Mother. Many related subjects from Traditional knowledge: Religion, Esotérisme, Contemporary Sciences, New Physics, New Biology, New Dimensions, NDE Body Consciousness, Health ... etc.

You can find there the complete works of Sri Aurobindo & The Mother in many languages, books written by Ashram Disciples & Aurovilians. Also documents related to Auroville, books, CD & DVD, films & lectures.

- **Open** Monday to Saturday 9am—12pm
Tuesday & Friday 2:30—4:30pm
- Open for Aurovilians, Newcomers, Volunteers, & Guests
- LOE Library is now **located at Horizon**, in front of Sve Dam, on the right side of Lorenzo's building. *Kalyani*

Education


STEAM SUMMER CAMP @ DEEPANAM SCHOOL

**All weeks in May, Monday to Friday, 10am—12:30pm
Ages: 7—12**

Looking for an exciting way to keep your kids engaged this May?

Join our STEAM Summer Camp, a fun-filled, game-themed camp where learning feels like play! Each session is packed with hands-on activities that unlock new skills through puzzles, builds, tech tricks, and creative experiments.


Abilash




STEAM WORKSHOPS

"Upgrade your skills this summer"

ORGANISED BY THE AUROVILLE INSTITUTE OF APPLIED TECHNOLOGY

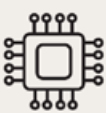




DESIGN. CREATE. PRINT.

12TH – 16TH MAY
3D PRINTING & MODELLING


- CREATE YOUR OWN 3D MODELS FROM SCRATCH
- EXPLORE THE MAGIC OF 3D PRINTING
- TRANSFORM REAL OBJECTS INTO DIGITAL DESIGNS – AND BACK AGAIN



CHARGE UP YOUR SKILLS.

19TH – 23RD MAY
ELECTRONICS

- DIVE INTO THE WORLD OF CIRCUITS AND COMPONENTS
- MASTER THE ART OF SOLDERING
- BUILD YOUR VERY OWN PHONE CHARGING BOARD




THINK. PROGRAM. FLY.

26TH – 30TH MAY
ROBOTICS & DRONES

- DISCOVER THE BUILDING BLOCKS OF ROBOTICS
- WRITE YOUR FIRST ROBOT PROGRAMS
- PILOT A DRONE, MOVE ROBOTIC ARMS, AND FOLLOW SMART PATHS


LAUNCH YOUR FUTURE WITH OUR B.VOC PROGRAMS AT AIAT

- SOFTWARE DEVELOPMENT & MACHINE LEARNING
- APPLIED ELECTRONICS & CHIP DESIGN
- GREEN ENERGY & ELECTRICAL SYSTEMS
- PRODUCTION TECHNOLOGY



Get Questions? Let's Chat!
Scan the QR code on reach out – we're here to help you get started!
(+91) 89031 66923

APPLY BY 2ND MAY
AGE 13+



LIMITED SEATS
JOIN THE INNOVATION!

Science, Technology, Engineering, Arts, Mathematics It's Summer—Time to STEAM!

Auroville Institute of Applied Technology (College of Auroville Foundation, Affiliated to Pondicherry University)

We're offering three exciting hands-on workshops, free of charge!


- 3D Printing & Modelling, 12—16 May
- Electronics, 19—23 May
- Robotics & Drones, 26—30 May

You can apply for one or more of them!

- <https://aiat.edu.in/aiat-steam-workshops> to know more details!
- Limited spots—don't miss out—Apply by Friday, 2 May


Amarnath

STEM LAND—ELECTRONIC REPAIR COURSE



STREAMLAND

Fix & Learn: Hands-On Electronics Repair



We are looking to create a course to train children in fixing mixie, grinder, water filter, microwave oven.

- If you have an old equipment** that doesn't work or is on its last legs give it a second life while supporting students learn. Please send a message in SMS, WhatsApp, Signal to the number in the contact. We can pick them up for you in the AV area for the quantity we need for the course.
- Outcomes:**
 - Understanding appliances
 - Hands on learning
 - Debug and Repair

*Nithyasandhosh, +91 9751241372,
STEM Land, Udavi school campus, Auroville*

SECOND PART

of the Radical Transformational Leadership workshop in Tamil @ Unity Pavilion

Dear Community, we are very happy to share with you the 2-part Radical Transformational Leadership workshop in Tamil for growth and full potential of all, especially senior students, educators and alumni.

The program is designed at three levels: 1) enhances self-awareness and personal potential, 2) enhances ability to see underlying patterns in self, school, work and society that result in recurring problems, and 3) enhances ability to design and implement equitable and enduring solutions.

- **Session 1:** 5 May, 9am—4:30pm
and 6 & 7 May, 9am—12:30pm
- **Session 2:** 30 & 31 May, 9am—4:30pm

Context:

The program helps participants to get in touch with their individual potential/greatness, building efficacy, clarity, and harmony in study, work, and family-related environments and provides tools for participants to solve problems with value-based solutions while addressing underlying patterns that give rise to the problems.

The tools explored in this program will help to:

- support participants to source their inner capacity and transcend fear or feelings of lowness & lack of self-worth to build resilience and purpose in life.
- builds capacity for increased self-worth, personal confidence and drive for inspired-action.
- fosters a wider mindset of inter-community sustainability and well-being for all.
- fosters institutes/workplaces to become spaces of learning and unfolding where action becomes integrally directed towards common growth and goals.
- transforms norms of blame, exclusion, bullying, guilt, complaints, and gossip towards responsible speaking and actions.
- cultivates accomplishment.
- move from resignation towards action, producing results.

The session will be facilitated by **Dr. Srilatha Juvva**. Srilatha is a professor at Tata Institute of Social Sciences, a trained social worker, and a member of the state board for inclusion. Srilatha is deeply interested in transforming the narrative of mental health, disability, and addiction from one of stigma and being diminished to one that includes and exercises one's full potential.

- **For registration and information**, please contact:
stewardship4newemergence@auroville.org.in
- **For queries**, contact: +91 9487830093

*Savithri
for the Radical Transformational
Leadership team in Auroville*

VISUAL MATHEMATICS Classes

We are happy to bring back 'Visual Mathematics classes' to **children under 7 years**. These classes offer a strong visual base and act as a foundation for the mathematics concepts learned later in school.

We are thankful for the consistent and strong parent support for this activity and we would like to show our heartfelt gratitude to each one of them.

*Snehal,
+91 9529673687 WA*

**AUROVILLE PHYSICAL EDUCATION BODY (AVPEB)
Announces its One Year Course
in Physical Education Teacher's Training 2025/26**

Integral Approach To Physical Education-IAPE

IAPE course aims to create a new squad of sports teachers who are-

- empowered with the latest in sports science,
- equipped with on ground practical training and supervision
- and sparked with the spiritual significance of the human body

Auroville Physical Education Body- SAIER Unit under Auroville Foundation

Course commences
JULY 2025

For details- Scan QR code to fill the form or WhatsApp Savitri +91 89404 77667 Lijun +91 84893 11336

IAPE course aims to create a new squad of sports teachers who are:

- empowered with the latest in sports science,
- equipped with on ground practical training and supervision
- and sparked with the spiritual significance of the human body

Course commences: July 2025

The course is open to ALL aspirants and will prioritize those who aspire to become Physical Education teachers in Auroville Schools.

If this interests you and feels like your calling, fill the form to receive the detailed brochure by scanning the QR code in the poster or click the link below:

- <https://tinyurl.com/5n66z934> or scan QR code to fill the form.

We will contact you individually in the coming weeks.

Savitri, +91 89404 77667 WA

Lijun, +91 84893 11336

**for AVPEB, Auroville Physical Education Body—SAIER,
Unit under Auroville Foundation**

Ilaignarkal Education Centre Presents

LET'S TALK—THOUGHTS BLOSSOM

**Auroville Youth Education Centre
Towards Golden Jubilee...**

Every Thursday

- **First Session:** 3—4pm, **Second Session:** 4:15—5:15pm
- **Topic:** Mindscape *Let's Talk*—Thoughts Blossom
- **Facilitator:** Poet R. Meenakshi
- **Venue:** Youth Education Centre

We will converse in both Tamil and English. People of any age and anyone can participate cordially. No fee, love is the investment.

- Please register your attendance for Thursday by Tuesday evening 4:30pm

Thursday Circle Organizer contact:

- 0413 2623773, tamil@auroville.org.in

We believe this event will be of interest to the Auroville community, and we appreciate your help in sharing this information.

**Ayyanar
for Ilaignarkal Education Centre**

SATORI:

Educational Services

- Physics and Chemistry CBSE grades 11—12;
- Edexcel IGCSE and International Advanced Levels (grades 9—12).
- Mathematics 7—8 grades as preparation to high school science.
- Exam preparation through knowledge and understanding.

Sergei, 9442934078, satori.auroville@gmail.com

TUITION CLASSES AVAILABLE

- Tuition classes available from 1st to 12th grade level in all subjects.
- Crash course available for 10th and 12th grade level.
- For further information contact ashree@auroville.org.in / 8270512606 WA only. Ashwini

AUROVILLE INSTITUTE of Applied Technology Offers Bachelor's Degree Courses

Auroville Institute of Applied Technology at the Aurobrindavan campus **offers bachelor's degree courses** (B.Voc.) in Software Development and Machine Learning, Applied Electronics and Chip Design, Electric & Electronics Technologies (Renewable energy and Mechatronics and Production Technology) affiliated with Pondicherry University.



These courses are skill-centric and of three years; candidates with a +2 or equivalent are eligible to join a B.Voc. course. B.Voc. graduates are eligible for lateral entry in the 4th year of a B.E. course. Students learn by doing projects from the people working on projects (mentorship) and at industrial sites (internship program).

Eligible are students with +2 or equivalent.

- **AIAT is looking for a part-time English teacher** with a minimum qualification of an M.A. in English. Interested candidates should apply to principal.aiat@auroville.org.in

Lavkamad

KULAI CREATIVE CENTER Activities



KULAI CREATIVE CENTRE
(A CENTRE FOR EXTRA CURRICULAR ACTIVITIES IN AUROVILLE)



செயல்பாடு ACTIVITY	நாள் DAY	நேரம் TIMING	பெரியவர்கள் மற்றும் குழந்தைகள் FOR CHILDREN & ADULT	வயது வரம்பு AGE GROUP (ONLY 10 TO 20 STUDENTS PER GROUP)
ஆங்கில வகுப்பு ENGLISH CLASS	MONDAY AND THURSDAY	10 AM TO 11:30 AM	FREE	ABOVE 18 years
தையல் செயல்பாடு TAILORING ACTIVITY	MONDAY TO SATURDAY	2 PM TO 4 PM	FREE	ABOVE 13 years
மாலை நேர வகுப்புகள் EVENING TUITION CLASSES	MONDAY TO SATURDAY	6 PM TO 8 PM	FREE	From 1 st Grade to 9 th Grade
கராத்தே KARATE	MONDAY	3:30 PM TO 4:30 PM	FREE	ABOVE 5 years
ஹிப்-ஹாப் நடனம் HIP-HOP DANCE	TUESDAY	3:30 PM TO 4:30 PM	FREE	ABOVE 5 years
சிலம்பம் SILAMBAM	WEDNESDAY	3:30 PM TO 4:30 PM	FREE	ABOVE 5 years
மரத நாட்டியம் BHARATHA NAATTIYAM	THURSDAY	3:30 PM TO 4:30 PM	FREE	ABOVE 5 years
குழந்தைகள் விளையாட்டு பூங்கா CHILDREN PARK	EVERYDAY	10 AM TO 7 PM	FREE	ABOVE 5 years
ஒவியம் மற்றும் கைவினை ART AND CRAFT	MONDAY TO SATURDAY	2 PM TO 3:00 PM	FREE	ABOVE 5 years
Email: kulaicreativecentre@auroville.org.in OR kulaicreativecentre.auroville@gmail.com WhatsApp: + 91-86084 73385 / 9843195290 WEBSITE : www.kulaicreativecentre.org				

Submitted by Selva
for KCC

AUROVILLE LIBRARY

Contacts and Timings

- 0413 2622 894, avlib@auroville.org.in
- Opening timings:
 - Mornings:
Monday—Saturday: 9am—12:30pm
 - Afternoons:
Monday, Wednesday,
Thursday, Friday & Saturday: 2—4:30pm.
Tuesday: 4—6:30pm.

Submitted by Laura

Youth Initiative

KARAOKE PIZZA NIGHT

Saturday, 10 May, 7—10pm

YouthLink invites you to a fun and musical evening under the stars! Come sing your heart out, cheer on your friends, and enjoy delicious homemade pizza

Whether you're a seasoned performer or just want to vibe with the music, this night is all about joy, community, and good food. The mozzarella is made in-house, and even the leftover whey is turned into ricotta—nothing wasted, all shared.

Bring your voice, your appetite, and your friends. All are welcome!

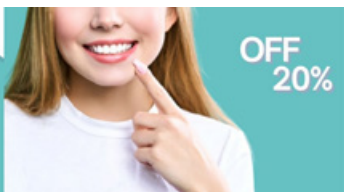


Gautam Prashast for YouthLink

Health Care

AURODENT

May Dental Offer For Teeth Cleaning, Filling Treatments



Open to all Aurovilians and Guests

Valid until 31 May 2025

Healthy teeth lead to a confident smile don't miss this chance.

- **For Appointments:**
 - 9629199328 WA
 - Landline: 0413 2622063
 - aurodent@auroville.org.in
- **Monday to Friday: 9am—5:30pm**
- **Saturday 9am—1pm**
- **@ Auromode**

Jayasutha for Aurodent

SERVICES PROVIDED

This is Sruthi, 27 years old, an Aurovilian born and brought up in Auroville. I have completed my Masters degree in Physiotherapy (MPT) and I am specialised in Orthopaedics. I am ready to provide home care visits at your place.



Neck pain, Low back pain, Knee pain, Heel pain, Frozen shoulder, Shoulder related pain, Muscle injury, Ligament injury, Sprain and strain, Sports injuries, Sciatica, Post fracture/ surgical rehabilitation, Stroke/ Paralysis, Facial palsy/ Bell's palsy, General fitness, Ergonomic advice, Geriatric care, Myofascial massage (Head&Neck/ Back)

- Pain is a sign that has to be taken care of.
- Kindly get in touch with me if you need my service.

+91 7904769496 WA,
auroshruthi@auroville.org.in
Sruthi Sundaram

SANTÉ SERVICES
sante
Schedule**Working Hours**

- Monday—Saturday, 9—12:30pm & 2—4:30pm

Tests and Sample collection

- Monday—Friday, 8:30—12pm.
- No sample collection on Saturday.

For emergencies

- Auroville Ambulance 24/7: +91 9442224680
- Government Ambulance 24/7: 108

Appointment

- Please call Santé on 0413 2622803 during working hours for an appointment

Santé Services Schedule

Doctor Consultation with Dr. Gunashree & Dr. Sana: Monday to Saturday	Nurse Care Thilagam, Ezhil, Archana & Sandhya, Daily: no appointment needed
Ayurveda with Dr. Be: Monday (classes*) Tuesday/ Wednesday/ Friday	Integrative Psychotherapy with Juan Andres: Monday to Friday
Physiotherapy & Massage with Galina: Monday to Friday	Homeopathy with Michael: Monday/ Wednesday/ Saturday
Midwifery & GYN Care with Paula: Monday & Wednesday	Soundbed Session with Sandhya/ Thilagam: Monday to Saturday
Bio-Well Assessment (Evaluation of your well-being) with Helena—inquiry email: adminsante@auroville.org.in	

***Ayurveda Classes:**

- 2pm**, basic principles of Ayurveda
- 3pm**, reading of Ashtanga Hrudaya (one of the 3 main literature on Ayurveda)

In Santé, we value our patient's confidentiality & make every effort to ensure their privacy. In case of cancellation or to reschedule, it is necessary to inform us in advance.

Dasha for Santé Services,
sante@auroville.org.in,
<http://sante.auroville.org.in>

WEEKLY BABY SUPPORT CIRCLE

Every Wednesday, 9am—12pm
 @ Lilaloka

Hello, wonderful parents! Join our Weekly Baby Support Circle hosted by Lilaloka!

We warmly invite you to our Weekly Baby Support Circle, a nurturing space created especially for parents of newborns to one-year-olds. Come as you are, connect with other parents, and celebrate the journey of raising your little one.



Here's what to expect:

- Heartfelt Connections:** Share your joys, challenges, and stories with other parents who truly understand.
- A Safe Haven:** A welcoming, nonjudgmental space for growth, encouragement, and community.
- Inspiring Sessions:** Special guest speakers to guide and support you on topics that matter most.

We can't wait to welcome you and your baby into this circle of love and support. Let's grow together!

Rotem

ADDICTION RECOVERY SESSIONS

@ Maatram

Every Tuesday, 3:30—4:30pm

@ Maatram, 1st floor, Arka

In addition to our Regular Therapy Sessions, we are adding another weekly walk-in session on **Addiction Recovery**.

Raam & Palani

Animal Care

AUROVILLE DOG SHELTER

Monthly Transparency Report April 2025

Overview

- New admissions: 11 (462 since April 2023)
- Rabies confirmed case: 1
- Adoptions and Releases: 4
- Vaccinations administered: 200
- ABC shelter dog sterilizations: 66
- Deworming: approx. 250

No Update on Third-Party Donation Policy

Despite having inquired several times during the last months with FAMC, no policy update regarding Third-Party Donations has been made so far, leaving Auroville units and projects unable to fundraise through crowd-funding platforms. Since December, we have been unable to receive 50% of our urgently needed donations, which had been raised through Donatekart, due to the missing policy. In April, we received donations through AVI USA for USD 576. Donations by kind Aurovilians to our FS account Rs. 44.600, BCC Rs. 50.000, Rs. 48.100 onto our ICICI account as donations for sterilisations—a total of. Rs. 191.332 and thus far below our monthly running costs of approx. Rs. 3 lakhs.

Expenditures

- **Animal Food:** In April, we fed our dogs 1.9 tons of rice, 1.6 tons of chicken, and 700 eggs, supplemented with donated food items like vegetables and daal, which cost us approx. 1 lakh.
- **Staff Costs:** Total staff costs for this month for our workers, paid animal care staff, 1 veterinarian, 1 surgery vet, 2 vet assistants, and volunteers were approximately. 1.6 lakh
- **Medical Costs:** As yearly shelter vaccination boosters were due, we had to purchase vaccinations, deworming medicine, and Bravecto for all shelter dogs, which amounted to almost Rs 2 lakhs.
- **Infrastructure Improvements:** ATDC granted approval for the modification of a shipping container into a day-time office and nighttime caretaker facility as demanded by government guidelines. Cost approximately. Rs. 1.25 lakhs.

Project “Sterilising 1000 Dogs in 1 Year”

Thanks to our dedicated team under the guidance of Dr. Sabari Stallz we were able to sterilise in April 66 dogs with the goal to reach 80 per month. We are asking all dog owners to sterilise their dogs to counter the mass of dumped puppies everywhere and increase health benefits. As we don't have any budget or grant money to provide free sterilisations, we are asking for a minimum donation of Rs. 1500 for the operation and post-op treatment, which is under our cost price. We encourage all Aurovilians to please use this opportunity to do the right thing and eliminate suffering by helping to control the canine population. Contact Shirley under our new WhatsApp Sterilisation Hotline 8903176612 for booking an appointment.

A Policy Is Needed for Animals Left Behind by Aurovilians who have passed on

Every week, the Auroville Dog Shelter responds to distressing reports of animal neglect and abuse—many involving Aurovilians or Auroville Units. This ongoing cruelty challenges the very principles of our spiritual community.

A critical issue is the fate of animals left behind when Aurovilians pass away. In one severe case, a dog was nearly starved after a new tenant, who had promised to care for it, failed to do so. We had to intervene to save its life. Such neglect violates both our conscience and Indian animal protection laws.

We urge Housing to implement a policy ensuring animals left behind remain at their homes and that only responsible tenants who agree to care for them are assigned to these properties.

An Open Letter to Madame Secretary after yet another Rabies Case

Despite vaccinating over 1,500 dogs and cats in the past year, the threat of rabies remains serious. A recent incident involving an infected Dachshund that escaped and bit multiple street dogs has raised alarm in key public areas like Bharat Niwas, the Visitor Centre, Solar Kitchen, and caused panic in Kottakarai.

In response, we published an Open Letter to the Secretary of the Auroville Foundation, highlighting the urgent public health risk and requesting an increase in our monthly budget from a mere Rs 50,000 to the necessary Rs 3 lakhs. This would allow us to meet our essential running costs, secure life-saving vaccines, and build up a mobile vet team to provide 100% vaccination coverage and free sterilisation services that help keep the community safe and animal numbers controlled. So far, the Auroville Foundation has not responded.

We urge immediate attention to this matter before a preventable crisis escalates, risking the lives of residents, guests, children, and animals.

In light of the many recent cases of animal abuse and neglect, we ask everyone to take a moment to reflect on how, as a community, we can come together to extend our love and compassion to those who cannot speak for themselves.

Tine, Arthur for Auroville Dog Shelter Team

MESSAGE FOR ANIMAL FRIENDS

Last week the shelter got a call to rescue a community dog. The dog's face and head was half eaten by maggots ! We treated the dog, removed the maggots and put her on a drip, but it was too late. The dog died in the night. We were all very sad that we couldn't save her.

This is a call to all of you to please take care of your half-stray community dogs. This particular dog got left behind when her owner left Auroville and the community cared for her, fed her, even occasionally called the vet for vaccinations. But nobody seems to have noticed that she had a head wound which was quickly infested with maggots.

In the summer especially, maggots come super-fast and infest the wound. Untreated, the animal will die. We call on all of you to please check your community dogs for any wounds they may have when you feed them and give them water.

If there's a wound, treat it with anti-maggot cream or spray like SCAVON but make sure the dog cannot lick the medication. Otherwise you need to use a medical collar.

If the dog has already maggots and you don't know how to properly remove them, pls call the shelter that we can take the dog in.

Please also make sure that there's always a bowl with fresh water available for the doggies.

Thank you for taking care!

Tine, for the Auroville Dog Shelter Team

A MAN WHO IS CRUEL WITH BEASTS Is Worse Than a Beast

On 2 April 1934, Mother was informed that a boy had caused harm to a dog. Her directive was clear: *"This boy has been dismissed by my orders and will not be given work in the Ashram. A man who is cruel with beasts is worse than a beast."*

As recorded in the Agenda on 12 April, 1961, one disciple really had the guts to ask Mother for permission to poison some cats, who had been disturbing his sleep every night! Again, Mother responds swiftly in very clear words: *"I once had a cat with almost a child's consciousness, and someone poisoned it. And when he came back, poisoned, dying, I cursed all people who poison cats. And that's serious, so you mustn't do it. It was a real curse—I was with Sri Aurobindo, so it was serious—so don't do it."*



"I once had a cat with almost a child's consciousness, and someone poisoned it. And when he came back, poisoned, dying, I cursed all people who poison cats. And that's serious, so you mustn't do it. It was a real curse—I was with Sri Aurobindo, so it was serious—so don't do it."

Week after week, the Auroville Dog Shelter receives heart-breaking reports of unspeakable acts of cruelty and neglect towards animals in our "spiritual" Community, which should be based on the principles of Love and Compassion as taught by our dear Mother. Dogs and cats are getting dumped and discarded like trash in front of Solar Kitchen. "Let them be someone else's problem!" Most people walk by, some blaming villagers coming to Auroville to dump puppies, while others just ignore them on their way to have some lunch or coffee. Only a few compassionate ones with a soul try to help.

Then just last week, an old Labrador who had lost its way or was abandoned was getting chased away by staff of a well-known AV Community for days... "bad for business". He was just sad, tired, thirsty, and hungry. He was old.

Twice a month, we hear shocking reports from visitors staying at posh Aurovilian guesthouses that puppies and kittens are taken away "for the protection of the guests"—this is not only immoral, wrong, but highly illegal, but who cares? It's just a puppy, just a kitten. Mother: "I cursed all the people..."

Then, whenever I confront Aurovilians about animal rights, they immediately misquote Mother! They say: But Mother said 'No pets in Auroville', is their standard dogmatic answer, but so far, not one was able to show me the source of this imaginative excuse, which they use so conveniently to justify the suffering of animals by looking the other way. Communities with big signs at the entrance: "No dogs allowed!"

What has become of us? Have we become the Beasts?

Another shocking case is the case of a dog called Emma. Emma is barely alive, just skin and bones. Just look at her pictures!

Can you imagine what she must have suffered in the last few months?

Some of you might remember Tia, who had left her body last year. Her biggest worry was, what would happen to her beloved dog after her passing? Tia had arranged everything and put a lot of money into renovating her apartment so that an Aurovilian named S. could move in and provide Emma with tenderness, love, and care. This week, the Dog Shelter received a rescue call that Emma had been severely neglected and was close to death. Our vet and team were shocked to find her looking like a skeleton, while S. claims that Emma is perfectly fine. Emma is not fine. She suffered terribly! This is cruelty and animal abuse. We had no other option but to take Emma to our overcrowded shelter, hoping that she would survive. Beasts are walking among us!

An individual case, which caused shockwaves in Auroville? Unfortunately not! It's just another example of how the sacredness of all life and the importance of love and compassion towards all beings, which Mother has taught us, seems to have evaporated from Auroville. But, "Mother

said, No pets!”—No, Mother ordered that anyone who is cruel to animals has to be dismissed and has no place in a spiritual community! But let’s ignore Mother again and look again the other way, isn’t it more convenient?

It’s time to rethink who we are as a spiritual Community, as Auroville, claiming to be the future of mankind. If we fail to uphold and protect the rights of those who don’t have a voice, if we allow that money and greed overrule empathy and compassion, if we look the other way when we see an animal suffer, how can we call ourselves to be true Aurovilians? We are not different than anyone else. We are worse, we are the Beasts.

It’s time for a change! It’s time to come together as a Community to rethink where we are going and what we are doing. It’s time to stop and stand up against any form of animal abuse. Its time to rethink our values. We have to change if we are to be true to the ideals of this special place, our home, our Auroville.

We have not come to this sacred place to live as beasts; we are humble servants of the Divine.

Arthur for Auroville Dog Shelter

International

Pavilion of Tibetan Culture Presents

FRONTIERS’ DARSHAN BY CLAUDE ARPI

Wednesday, 14 May

@ Pavilion of Tibetan Culture

This ‘darshan’ introduces an aspect of the recent history of the sub-continent which is not well-known, the relations between the Indian Himalaya and Tibet, the Land of Snows. Though both still share more than 3,000 kilometres of border from Ladakh to Eastern part of Arunachal Pradesh, today the gates are closed and one can’t circulate over this boundary.



These frontiers, peaceful for centuries, have become among the most militarized region of the world; the Indian Army and the People’s Liberation Army have often clashed over some ridges or heights in these desolated landscapes.

It began in 1950, when Mao Zedong decided to conquer the Tibetan Plateau and occupy the country of the Dalai Lama, who since 1959, lives as a refugee in Northern India.

Claude’s (and often Abha’s) journeys over 15 years take us to the edge of the Tibet plateau; these 16 ‘darshans’ provide glimpses of some of the highest frontiers in the world (including to the Bhutanese border).

Slide after slide, one can see how different each frontier area is, from the ‘low-land’ in the Lohit Valley of Arunachal, hardly more than 1,000 meters above sea level, to Gurudongmar on the high plateau of Sikkim at more than 5,500 meters.

At the same time, these ‘contact points’ with Tibet all have something in common: on the ‘other side’, the Tibetans live under the yoke of the invaders, with no possibility of communication between the two sides. This comes across strongly at each stage of the ‘darshan’.

For the speaker, this journey started with a week-long memorable visit to Tibet in 1993.

Bon Voyage!

Submitted by Kalsang

Unity Pavilion Presents

THE MOTHER'S SYMBOL, MATRIMANDIR & 12 QUALITIES



ART CLASS WITH ARTIST JANAKIRAMAN



SENCHA-STYLE TEA CEREMONY



Experience the spiritual and healing power of tea in a conscious and immersive way. Through this unique ceremony, we will explore the healing aspects of tea of choice, allowing it to nourish both body and soul.

Discover a new perspective on tea drinking as you embrace awareness and relaxation.

- Sessions are available as a one-on-one experience or for groups (4+ people).
- Children (5+ years) are welcome. Special Kids birthday sessions available.
- Pre-booking or by appointment: +91 9385428400 WA

*Priya
for Unity Pavilion*

French Pavilion Presents

THE DREAM OF A RIDICULOUS MAN by Fyodor Dostoevsky

Friday, 9 May, 7pm

@ Alliance Française of Pondicherry

Tired of the world, the hero of this fantastical tale seeks an alternative to the corrupt society around him. Our adaptation explores with modernity and subtlety the porous boundaries between dream and reality. In French with English subtitles.

Common transportation organised from Auroville:

Contact France.auroville@gmail.com, mentioning your phone number if you'd like us to co-ordinate group transportation.

Vivekan



SUNDAY PÉTANQUE

Call for a Co-Leader

Every week, 4—6:30pm

Since the beginning of the year, our sessions have been a great success. With the playing ground now expanded, we are looking for a volunteer to co-lead the Sunday Pétanque games, every week from 4 to 6:30pm. Goodwill and accountability are all that's needed for this role—no special expertise required.

- If you're interested or would like to know more, feel free to reach out at france.auroville@gmail.com

Vivekan



Theatre, Music & Arts

Bharat Nivas Presents

INCREDIBLE:

A showcase of Artistic Brilliance

- 18 April—17 May @ Kala Kendra, Bharat Nivas



Submitted by Monisha

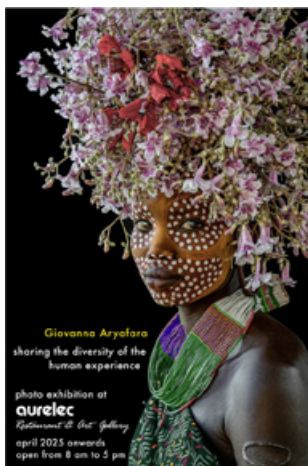
GIOVANNA ARYAFARA

Sharing the Diversity of the Human Experience

Photo exhibition @ Aurelec Restaurant & Art Gallery, open 8am—5pm, ongoing

Giovanna Aryafara, a photographer, travels the world in search of subjects that awaken our emotions, invoke a sense of shared spirituality, and reveal our world through a minimalist, design-inspired lens.

Her works offer access to the beauty of our Earth, inspired by her love of sharing the diversity of human experience.



Jana for Aurelec

Dance Activities

DANCE CLASSES BY MANI

Choose your Dance: Bachata, Kizomba, Salsa, Tango
Register now: +9186376 33696

Salsa Dance

@ New Creation dance studio

- Tuesday: Salsa class, 6:30pm
- Saturday: Workshop, 7pm

@Bakisata_dance



Tango Dance @ CRIPA

Monday

- Beginner, 6:30–7:30pm
- Intermediate, 7:30–8:30pm

Friday

- Workshop, 6:30–7:30pm
- Open practice, 7:30–8:30pm

Contact: +91 8637633696



Submitted by Mani

AUROVILLE TANGO

@ Harmony Hall, Bharat Nivas

New batch starts the first week of each month

- **Monday:**
7–Introduction to Tango
8–Improvers
- **Wednesday**
7:30–Guided Practice
8–Long Practice

No partner required.

Bring socks or dance shoes.

And plenty of joy!

- +91 9821166082
- tango@auroville.org.in



Submitted by Maud

Theatre, Music & Art Activities

SVARAM ACTIVITIES

SVARAM Experience—Sound Garden



- Daily
- [See location and timings here](#)
or scan the QR Code



SVARAM Musical and Sound Healing Instruments Showroom

- Monday to Saturday, 8:30am—5pm
- [See location here](#)
or scan the QR Code



Here are our other Social Media links:

- YouTube:
<https://www.youtube.com/@SvaramStreams/about>
- Facebook:
<https://www.facebook.com/svaram.org>
- Instagram:
<https://www.instagram.com/svaramsoundexperience/>
- Website: <https://svaram.org>

Aurelio and the SVARAM Team

CREEVA: Information & upcoming News



Weekly Art Workshops & Sessions

- **Watercolour Painting Workshop** by Sathya
 - Every Monday, 5—7pm.
- **Life Model Drawing Session:**
 - Every Tuesday, 5—7 pm.
- **Live Portrait** by Sathya:
 - Reach out to schedule a session.
- **Open Studio:** A space for everyone to explore their artistic potential
 - Every day, 9am—5pm,
 - Contact Abi: +91 90420 58981.

For info contact Sathya:

- +91 9486145072, sathyacolour@auroville.org.in

*Sathya for CREEVA Art Studio,
Creativity, Auroville*

BASIC ANALOGUE PHOTOGRAPHY

Darkroom Workshop by Sasikanth Somu

22, 23, 24 May 2025

@ Centre d'Art Gallery, Citadines, Auroville



Program & Timings

- **Thursday, 22 May, 2—5pm:** Brief look at History of Photography & Introduction to Film Camera.
- **Friday, 23 May, 9am—2pm:** Film photo shoot (in your own time), **2pm—5pm:** Develop your roll of film.
- **Saturday, 24 May, 9am—12:30pm & 2—5pm:** (one can choose either of these sessions): Printing Contact Sheets & Photos in the darkroom.

Registration Contact:

- centredart@auroville.org.in

The workshop fee for Guests:

- Rs.3000 incl. GST.

The workshop is free for Aurovilians, Newcomers and registered volunteers, who are residing in Auroville. Registered Volunteers are requested to provide the details of their registration with SAVI Auroville. If a non-paying participant is unable to attend all three days of the workshop, he can finish the remaining days the next year only.

All the material for the workshop is provided except the analogue camera.

Analogue/ Film cameras are available to the participants against a contribution.

- **Regarding the Analogue camera** and any specific questions about the workshop please write directly to the teacher, Sasi sasi@auroville.org.in, +91 91593 55809 WA
- **Number of participants** is limited to six.
- While subscribing for the workshop please share your full name and your mobile number. Kindly write a few words about yourself and your interest in Analogue Photography.

Sergey, Centre d'Art

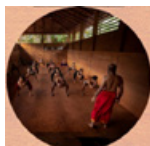
Sports & Martial Arts

BHARAT NIVAS PRESENTS

Kalaripayattu Class

- in collaboration with Kalarigram:
Bhumika Hall, 6—7am, Monday to Friday
- For registration:
bharatnivas@auroville.org.in,
office: 0413 2622253
- Contribution is applicable

Monisha for BN Team



KSHETRA KALARI

@ Aspiration Sport Ground

- **Kalari Classes for Beginners**
 - Morning classes: 6:30—7:30am
Monday, Wednesday, Friday
 - Evening classes: 5—6pm,
Tuesday, Thursday, Saturday
- **Kalari Classes for Advanced People**
 - Morning classes 6:30—7:30am
Tuesday, Thursday, Saturday
- **Kalari Massage Available**
 - By appointment, 9042009200



Maneesh

KALPANA GYM

Open 7—9am & 5—8pm Monday to Saturday.

Satyakam

AIKIDO CLASSES

Aikido is a martial art created in the 1920s by Morihei Ueshiba, a master in traditional Japanese martial arts.

Aikido is a path which aspires to the unity of mankind, the unification of the self with the universe, the union of Spirit and Matter.

The Auroville Aikido group always welcomes new practitioners, Youth and Adults, and those who would like to revive their abandoned practice!

Adult Aikido classes

- **Tuesday, Thursday and Saturday, 6—7:30am**, early morning. Beginners are most welcome. Girls and women are especially called to join us.
- **Wednesdays, 5:30—7pm**. Welcome!

Children/ young students

- **Monday, Wednesday and Friday, 4—5pm**.

Contact for more info and registration

- budokan@auroville.org.in
- 8300643963 WA, Philippe G.
- 9952812843 WA, N. Murugan

Cristo, Rita, Surya & Philippe
for Auroville Aikido



ABHAYA MARTIAL ARTS

Abhaya Martial Arts has trained more than 500 students of all genders, age and levels of experience, hosting also Muay Thai coaches, Black belts of BJJ and exposing our students to a series of highly transformative practices. We took our students to national competitions and also started to give to our students official belts and degrees recognized by **Shou Dao School**, a martial art academy recognized by the Olympic Committee.



Our regular classes for adults

- **Monday:** MMA/Grappling **5:30pm** with coach Giacomo
- **Wednesday:** MMA/Grappling **5:30pm** with coach Giacomo
- **Friday:** Kickboxing **5:30pm** with coach Ruben

Contribution required. Be punctual, short nails, in sportswear and no jewelry. Stay home if you are sick or if you have open wounds.

If you wanna be updated about these changes and know how to participate, please contact +91 9487340778 WA

Brazilian Jiu-Jitsu classes for kids!

Abhaya Martial Arts is happy to share that after overwhelming requests, we have resumed kids Brazilian Jiu-jitsu classes in Dehashakti Gym.

- We welcome kids from 4—13 years old on **Tuesdays and Thursdays, 3:30—4:30pm.**

Contribution required.

Send your kids in sportswear, with a bottle of water and a big smile.

The class will be led by Monica, an experienced assistant instructor very well known and loved by kids. Abhaya teaches Brazilian Jiu-jitsu for kids in a non competitive way, focusing on discipline and self-control, giving them a practical and realistic basis for a martial art journey. Brazilian Jiu-jitsu is the closest to real life self e training and it has proven results in building cognitive skills and fine motor development, especially for kids.

For more information and to be part of the WA group contact +91 8448077070

Giacomo

GIRLS' FUTSAL FOOTBALL CLUB

**Tuesday and Friday, 5:10pm
@ Dehashakti**

Girl's football team in Dehashakti. If you like football and you want to learn, play and have fun, come and enjoy it with the other girls.

- Age group 15+ only.
- Contact Beber 6385635943 for details

Beber



SWIMMING CLASS

Swim to Serenity: Waves of Strength!

- Water therapy,
- Open water,
- Oceanic Water dance,
- Water movie,
- Swimming in pool.

@watersport_mani

Book now:

- +91 8637633696

Package swimming class



Mani

Bioregion & Nature Activities

MOHANAM PROGRAM

For more information and registration for all the tours, workshops, classes and events:

mohanamprogram@auroville.org.in

Call/WA: 8300949079

Office: 10am—4pm,
Monday to Saturday

Auroville Bio-region hub for art, craft and culture to bridge and promote Local Tamil culture

1 day advance booking is necessary.



MOHANAM PROGRAM

Auroville Bioregional Experience with Mohanam

Tour Activity	Duration
Village Tour	3 hours
Munnur & Perumukkal Visit	6 hours
Kaluveli Tank Visit	6 hours
Bio-region Village Temple Tour	4 hours
Navagraha Temple Visit (Moratandi Navagraha Temple & Prithyangara Temple)	3 hours
Wood Fossil Visit and Quarry Shower	6 hours

Classes @ Mohanam Campus

1 day Advance booking of classes is necessary:

Activity	Time	Description
Cooking Class	Monday to Saturday, 10am—12:30pm	Learn to cook traditional South Indian food and snacks.
Saree Draping	Monday to Saturday, 10am—4pm	Learn how to drape a saree and model your look in an optional photoshoot.
Siddhar Ongara Five Elements Chanting	Every Saturday, 3:30—4:30pm	Chanting calms the mind, boosts energy, and fosters inner peace—join our class to experience its transformative power.

Make & Take Workshop @ Mohanam Campus

Craft Activity	Duration
Pottery Making	1 hour
Kolam Mandala Painting	2 hours
Coconut Shell Craft	3 hours
Incense Making	1.5 hours
Lampshade Making	3 hours
Paper Marbling	1 hour
Candle Making	1.5 hours
Soap Making	2 hours or 1 day
Traditional Leaf Craft	2 hours
Bamboo Jewellery	2 hours
Dreamcatcher	2 hours

Balu
for Mohanam Program

AUROVILLE BAMBOO CENTRE

Bamboo Centre Campus Tour

Bamboo Centre campus tour offers a holistic experience into the world of bamboo all in one place. Takes you from the bamboo sapling, different species, varieties of raw materials, workshops, products, food and wellness services related to bamboo is curated into an educational tour with bamboo tea and refreshments.



- 11am—12:30pm, 2:30—4:30pm
- Every day except Sunday
- Registration one day in advance.

Every Saturday Auroville Bamboo Tour with Special Bamboo Lunch

- 11:30am—12:30pm, every Saturday
- Registration one day in advance.

Special Bamboo Lunch for Groups in week days



- 11:30am—12:30pm, every day except Sunday
- Registration two day in advance.

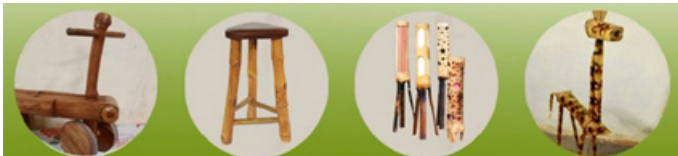
Trainings and workshops

The importance of Bamboo as an Eco-friendly raw material capable of meeting many needs and is gaining global acceptance among many people.

Being a natural gift to mankind, bamboo is very popular due to its multipurpose use, fast growth, easy propagation, soil binding properties and short gestation period.

Daily, Make and Take Hands-on Workshops Experiences

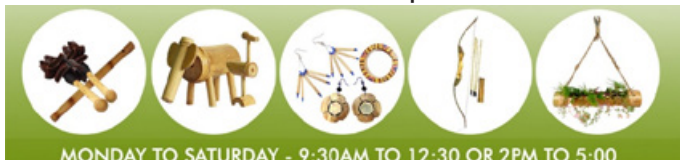
One-Day, Make and Take Workshops



- 9am—12:30pm, 1:30—5pm
- Registration one day in advance.
- **Furniture Workshop:** This immersive learning experience that offers the opportunity to learn the fundamentals of furniture construction and then make and take the furniture piece back home. This unique workshop will take place under the guidance of an expert.
- **Bamboo Lampshade:** Come and learn to make your own Bamboo Lampshade at Bamboo Centre and take home your own hand made lampshade at the end of the workshop.
- **Bamboo Giraffe:** Come and learn to make your own Bamboo Giraffe at Bamboo Centre and take home your own hand made giraffe at the end of the workshop.
- **Bamboo Bicycle (For Kids):** Are you ready to bring your cycling aspirations to life? Join our immersive 1-day

Bamboo Bicycle frame-building experience and embark on a journey that goes beyond just assembling a cycle.

3 Hours Make and Take Workshops



MONDAY TO SATURDAY - 9:30AM TO 12:30 OR 2PM TO 5:00

- Walk-in registration available
- 9am—12:30pm or 2:30pm—5pm
- **Bamboo Toys:** Come and learn to make your own Bamboo Toys at Bamboo Centre and take home your own hand made Toys at the end of the workshop.
- **Bamboo Musical Instruments:** We at Bamboo Centre are happy to share our vast experience and knowledge gained over 15 years. Come and learn to make your own traditional/ folk instruments at our centre from professional craftsmen and take home your own hand-made instrument at the end of the workshop.
- **Bamboo Jewellery:** Choose to craft, out of bamboo and learn to make your own Bamboo Jewellery at Bamboo Centre from professional craftsmen and take home your own handmade Jewellery at the end of the workshop.
 - 10am—12:30pm or 2:30pm—5pm
- **Bamboo Planter:** Come and learn to make your own Bamboo Planters at Bamboo centre and take home your own hand made Planter at the end of the workshop.
- **Bamboo Archery:** Come and learn to make your own Bamboo Archery at Bamboo Centre and take home your own hand made Archery at the end of the workshop. This course provides you with the opportunity and guidance for create their own bamboo archery and bow from start to end. All tools and materials provided in the cost of course.

For more information, special requirement, and pre-booking contact:

- Preferred: bambooworkshop@auroville.org.in or bamboocentre@auroville.org
- or +91 8300949081, 0413 2623806/ 2964727
- Flexible training dates offered to groups
- www.aurovillebamboocentre.org

*Archana
for Bamboo Centre Team*

ENLIGHT



Explore Auroville



Cycle Tour



Forest Walk



Cooking Class



Fireside Drumming



Folk Dance and Music



Bamboo Workshop



Wood Joinery Workshop



Pottery Workshop

ENLIGHT

+91 76398 10621/82700 71581/0413-2963034

enlight@auroville.org.in

*Arun, Anand and Balaji
for Enlight Team*

EGAI GIVING

Arts and Crafts



Toys Workshop: Craft simple toys made of wood and bamboo.

Finger Painting Workshop: Tap into your inner child and learn how to paint with your fingers.

Coconut Shell Workshop: Make and take earrings, keychains, bowls, and pendants.

Incense Workshop: Come and make your own agarbatties.

Products



We make craftwork out of eco-friendly materials such as coconut shell. All our products are unique by design and sustainable.

- **Contact Anand:** +91 9791896488,
egai@auroville.org.in

Anand

MAY FERMENTATION WORKSHOP SERIES

Every Saturday, 10am—12pm @ CLC

Upstairs of marcscafe store

Always call at least a day in advance to attend the workshop!

To subscribe: contact@marcscoffees.com

- **10 May, Fermented Veggies Beyond Kimchi:** Non-Korean Kimchi, Sauerkraut, Fermented Coleslaw
- **17 May, Fizzy & Wild Fermented Drinks:** Kombucha, Tepache, Wild Sodas, Kvass
- **24 May, Fermentation Basics:** Drinks, Vinegars & Sauces Beginner's Kombucha, Basic Wild Vinegars, Hot Sauces & Tabasco-style Ferments
- **31 May, Lacto-Fermentation in Everyday Foods:** Beet Kvass, Fermented Carrots & Cucumbers, Cauliflower, Onions



Why take this workshop ?

- To learn new skills and develop your patience
- Save money at home
- Master ancient techniques and Reconnect with our human ancestors
- Explore your creativity
- Be sustainable and reduce waste
- Eat healthy and local

Matilde

WELLPAPER WORKSHOP

10am—4pm

Every day except Sunday

Join our workshop to learn & enjoy the process of turning waste paper into art. Create your own unique upcycled products from old newspapers to take home.

Wellpaper:

- +91 9385744722
- 0413 2969722



Viji

Looking For

Amma is Looking for Work

Vanita can work every day from 2:30—5:30. Anything, call me +91 9942746285.

Anandi, Realisation

Eco Femme is Looking for Office Space & Storage Room

eco • femme

Eco Femme is seeking new office space with the following specifications:

- Office area: 150 sq.m, storage room: 80 sq.m

Please feel free to contact us at +91 9487179556 for more information. Thank you!

Mahalakshmi Prabhakar, +91 7094278777

I Want to Work, I Want to Learn

My name is Carmen 43 year, and I want to work. My education: kindergarten teacher and waitress. I'm intrested to do anything because I want to learn.

Carmen, +91 8531017772

Available

Bicycle

Almost new. Towards Contribution

Anandi Realization,
+91 9942746285



House Available for Housesitting

My family and I will be out of AV for a break, and our house will be available for house-sitting from 23 May till 14 July. The house is fully furnished (2 bedrooms), it has wifi internet and a house help. And most important of all, we also have 2 cats and 2 small-sized dogs to attend to.

We are in the Adventure community (near Udavi school or Aroma Garden). If you are interested, pls PM on my WA: +91 8098362620 or alessandra@auroville.org.in

Alessandra



Antique Teakwood Cane Chair

In good condition.

Available against contribution.

contact isha@auroville.org.in

Isha

Work Tree Cupboard

Height 125cm, width 75cm

Price expected about Rs.13,000

Only those seriously interested please contact.

Rajeev B Petite Ferme
+91 9443726223



CO-WORKING SPACE

Auroville Main Road

It Matters

Open: 9am-6pm

Mon-Wed-Thu-Fri

Daily rate: 250rs

A/C space / Internet



Call us / also on whatsapp: +91 9344 087 925
Email us: itmatters@auroville.org.in

If you need a co-working space, come to It Matters on-Monday, Wednesday, Thursday, Friday from 9am to 6pm. There is high speed internet and A/C. Check it out! Daily rate 250rs. Location: Auroville Main Road

- itmatters@auroville.org.in or +91 9344087925 WA

Bhakti & Sandra

Office Space Available: Auromode

Office Space inside Auromode Premises with superb infrastructure, including Generator back-up, 24 hours Security service, Aqua Dyn drinking water, Car & Bike parking and restaurant.

Contact Mr. Pandian

at Auromode in person, +91 9943390391 or pandian@auroville.org.in

Pandian



Honorary Voluntary

GAU SEVA at Sadhana Forest!



Your heartfelt service is needed at the Sadhana Forest Gaushala!

You are most welcome to join us on any day **from 7am onwards**, and have a vegan breakfast at **8:45am**. Breakfast is offered as a gift, and there is no need for prior booking. If you would like to contact us:

sadhanaforest@auroville.org.in,

8525038274WA or call 8122274924

*The Sadhana Forest team,
Aviram*

VOLUNTEERING @ ECOSERVICE

Everyone is welcome at Ecoservice because it's our communal attempt to practice what we preach about ecology and a city the Earth needs.



**Tuesday mornings
is a dedicated time that all
are welcome to randomly drop in**

for some onsite sorting and other activities, to look around or whatever. For regular volunteering, special projects or needs, please call first.

*B for Ecoservice,
7598911090 WA*

Work Opportunities

LIVE EDGE FURNITURE MAKING

We offer an opportunity to be highly creative in a small team. At TreeCare we are passionate about giving a second life to trees that had to be cut for various reasons. If this resonates with you, come work with us.

We work with untreated, air-dried, and solid wood, designing and building unique live-edge furniture and lifestyle products.



- **Work hours and commitment:** A daily commitment of 6 hours for a minimum of 2 months is required. However, we encourage a duration of at least 6 months.
- **Prior Experience:** Any training or education in working with wood, Treecare.

*9443737945,
creations@treecareindia.com
Tina for Auroville unit Treecare*

**AUROVILLE INSTITUTE
of Applied Technology
Is Looking for an English Teacher**

AIAT is looking for a part-time English teacher with a minimum qualification of an M.A. in English. Interested candidates should apply to principal.aiat@auroville.org.in

Lavkamad



**AIKIYAM SCHOOL:
Join Our Team of Educators!**

Are you passionate about shaping young minds and fostering a love for learning? We are looking for dedicated and qualified educators to join our esteemed institution!

Vacancies:

- **Social Science Teacher (Middle/High School)**
- **Pre-Primary Teacher**

Requirements:

- Bachelor's or Master's Degree in the respective subject with B. Ed (for Social Science Teacher)
- Diploma or Certification in Early Childhood Education (for Pre-Primary Teacher)
- Prior teaching experience preferred
- Strong communication in Tamil, English and classroom management skills

What We Offer:

- Competitive salary package
- Supportive and dynamic work environment
- Professional development opportunities
- Engaging curriculum and innovative teaching methodologies

How to Apply:

- Send your resume and a cover letter to aikiyamschool@auroville.org.in or contact 9786211534, 0413 2622358 for more details.

Join us in nurturing the leaders of tomorrow.

**Radhakrishnan,
Principal NCBS**

Foods, Goods & Services

**NOWANA
Summer announcement**

Dear Community, with summer fast approaching, Nowana will begin some long-needed renovation work for our dining hall.

For this reason, our dine-in facilities will be closed for the following dates:

- **From Monday, 5 May, to Friday, 9 May.**
(Regular service available over the weekend)
- **From Monday, 12 May, to Thursday, 15 May**
(Regular service resumes Friday at lunch)

However, this doesn't mean you can't get the chance to enjoy our food during these days.

- Feel free to place a delivery order via the Dropzy App <http://play.google.com/store/apps/details?id=app.auroville.dropzy>
- or contact us directly at +91 7339643557 WA to organize a take-away order. Both are available every day except Thursdays.

We appreciate your patience and look forward to having you dine with us once the renovations are completed.

Emanuele for Nowana

TANTO & PLENTY
Will Close for Its Annual Break
May 12—27

- Tanto & Plenty will close for its annual break May 12—27.
- Reopening on 29 May.
- Tanto far beach/ Srirama will be open always sunrise to sunset.

Sheril

RIGHT PATH CAFE SUMMER NEWS



- From 12 May the cafeteria is closed on Tuesday evenings instead of Monday evenings! Please join us on Monday nights for our full range of dishes, including Korean, Dosas, etc.
- Also, the Cafeteria is now on Dropzy! Please check our Takeaway menu!

Summer is coming. Let's celebrate with special offers at cafeteria visitors centre.

- Every day, 7:30—9am 50% Discount for Aurovilians on our organic breakfast items!
- Every Thursday 50% Discount for Aurovilians on Korean dishes
- Every Friday 50% Discount on non-veg dishes

Reminder! Cafeteria uses chiefly organic products and Auroville grown food.

We offer

- Monthly and half monthly organic lunch scheme options
- 30% Discount to Aurovilians and 10% discount to volunteer aurocard holders on all our menus

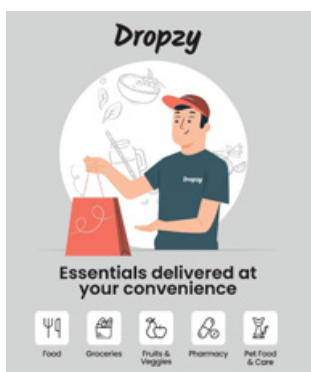
Kyonghyon Lee for Right Path Cafe

DOWNLOAD OR ACCESS
Dropzy App

Android: <https://play.google.com/store/apps/details?id=app.auroville.dropzy>

iPhone Browser Version:
<https://app.dropzy.in/public/dropzy>

Desktop: <https://app.dropzy.in/public/dropzy/desktop-version>



Sathish

TASTE OF YOGA VÉRITÉ CAFÉ



 **Vérité**
VEGAN CAFE
TASTE OF YOGA
Raw | Gluten-free | No added sugar
Vérité Integral Learning Center



Taste of Yoga offers a simple, quiet space to read, reflect and nourish oneself. Delicious healthful snacks, treats, light lunch & drinks have been designed with utmost care, integrating sattvic principles to promote overall well-being.

Monday to Saturday
08:30 - 16:30

Kathir
for Vérité programming

BHARAT NIVAS PATHWAY

Medicinal Herbal Nursery Counter



Medicinal Herbal Nursery Counter
Green and Clean Land

Venue: Bharat Nivas Cafe,
Bharat Nivas, Auroville



Green and Clean Land: Indoor and Outdoor Plants for your House and Garden. Your journey into holistic wellness begins here! Nourishing and preserving bio-diversity for environment protection in collaboration with Martuvam Healing Forest.

We warmly invite you to bring Auroville's native plants from your garden to showcase at our nursery counter. Together, let us share the beauty and benefits of these plants with humanity. Offer your contributions with a minimal donation and become a part of this collective effort to promote nature's gift for a better tomorrow. Let's grow and give, together!

Souvenir Outlet



Monisha

HEMPLANET: EXPLORE THE BENEFITS OF HEMP!

Visit Hemplanet for a range of hemp-based products, including hemp oils, protein powders, hemp foods like granola bars and pasta, and body care products. All products are eco-friendly and perfect for a healthy lifestyle.



- **Location:** First Floor, Building 1, Auroville Main Road, Reve Area, Auroville
- **Opening Hours:** Monday to Saturday, 10am—4:20pm
- **Contact:** +91 8098021280/ +91 7824975821. *Davide*

FOODLINK MARKET IS OPEN EVERY DAY



Monday—Saturday, 9:30am—12:30pm

We welcome you every morning from 9:30am to 12:30pm. We are open to volunteers, guests & visitors and we accept payments by FS account, Aurocard and UPI.

- **For more info,** call/ WA +91 83002 68804 or pass by.
Isabella for FoodLink

THE SPROUT TIMINGS



Daily, 7am—4pm

Monica for The Sprout team,
www.thesprout.in

ANNAPURNA FARM BASKETS

Annapurna Farm offers farm baskets of produce/ products (dairy, fruits, and grains) from Annapurna to connect with the consumers directly.



Residents/ volunteers/ guests can select from the range of produce/ products to order via google form. Orders are delivered to Foodlink & PTPS on Saturdays. Some of the produce/ products are exclusively available for CSA orders.

- We have a WhatsApp group to make weekly announcements for the order form links and occasional farm updates.
- Please scan the QR code to join the group or [follow this link](#).



Madhuri for Annapurna Farm

LIVING ROOM CAFÉ

Open every day, 8am—9pm

Come enjoy delicious meals and coffee in our cozy space, located on The Crown across from the Auroville Library.



We serve breakfast, lunch, and dinner for Aurovilians, newcomers, volunteers, and guests. We look forward to seeing you!

Debo for The Living Room Cafe Team

SOUTH INDIAN BREAKFAST

@ Aurelec Cafeteria

7:30—10pm

Variety of Dosa and
Millets Pongal, Coffee
Rs.99

Submitted by Shiva



ANY TIME DOSA AND PONGAL

@ the Pathway Café

Bharat Nivas Café has been serving Masala Dosa, Onion Dosa, Ghee Dosa, all day, everyday at a very good price. Now for the Pongal lovers: you can also get Pongal or Khichidi everyday. We also serve organic Tea only for Rs 20. Please, come and enjoy, welcome to Bharat Nivas café.

Arabinda for Bharat Nivas team



Any Taxi bookings can be done directly to our UTS office. The contact numbers are:

- Landlines: 0413 2623586, 0413 2623587
- Cellphones: 9047015801
- Email: uts@auroville.org.in

Lakshmi for UTS

SERVICE AVAILABLE

- Gardening work: fencing, cleaning, cutting, pruning, planting, digging
- Keeth Hut house building any size
- House repair: masonry, carpentry, plumbing
- Shopping service

Please contact Ranjith, Aurovilian:

- +91 8610997059, subramani13@auroville.org.in

Ranjith

INTEGRATED TRANSPORT SERVICE



Your trust and encouragement inspire us every day to continue providing reliable and eco-conscious transport solutions for everyone: From **E-scooter and bike rentals to taxi and transport services, electric rickshaw pickups and drops, electric bike maintenance and delivery services**, we are honored to serve the diverse and vibrant needs of this incredible community.

Rajesh I.T.S.



**Book
A Taxi 24/7**



+91 9843880591

Office: (0413) 2220591, 2220592

Office cell: 8610915429

sunrisetaxi@auroville.org.in

www.auroillesunrisetaxi.in



SHARED TRANSPORT SERVICE

Shared Transport in Auroville is dedicated to offering **cost-effective travel options by arranging shared trips** between Chennai and Auroville. Additionally, we provide **local trips** within Auroville and Pondicherry.



- Taxi bookings can be made directly through our STS (ITS) office.

Location: ITS (Integrated Transport Service), Solar Kitchen Area, in front of PTDC, Auroville—605101

Contact: 8098776644/ 9442566256, its@auroville.org.in

Rajesh.D

for Shared Transport Service

QUTEE ELECTRIC SCOOTER Service

Many in Auroville are not aware that a quality service for all brands of electric scooters, and especially the ones (Humvee) made here over the years, is conveniently available. The Qutee service center is located near the Certitude entry of Auroville across from the Road Service just off the tar road before the Puncture Service.



New and old electric scooters can be repaired, maintained or replaced. Also battery services (recycle, repair, replace), Uninterrupted Power Supplies (UPS) and solar system services can be conveniently arranged. All work is coordinated by Govindaraj (Aurovilian) with decades of experience.

- You may call Qutee 9443372418/WA 9092637055 or email govindaraj@auroville.org.in for any of your requirements. Upgrade to electric transport and solar power.

Govindaraj & B

for Qutee Electric Scooter Service

BOOK BINDING

We bind, repair, and restore all books with Hand made paper, cloth and leather at Vanaville workshop behind Tanto restaurant in Kulilapalayam.

8940648542, Michel



RAPID CARE SERVICES

Rapid Care Services is your trusted one stop solution for repair and maintenance and ancillary works since 2022. For more information or to schedule a service, please don't hesitate to contact us.



Services offered

Category	Service
Metal Works	Channels, Doors, Piping, Fabrication
Plumbing	End to End, Job works
Furniture	Repairs, Made to order
Masonry	Repairs, Renovations and Remodulation
Painting	End to End, Job works, Floor Waxing
General Maintenance	Fumigation, All Home Utilities, Fencing
Installations	Washer and Dryer, Air Conditioner, Inverter, Water filter, Security Camera
Electrical Works	Wiring, Metre box, Lights, Switches & Sockets, Motion sensor
Cleaning Service	Deep cleaning—House, Office, Guest house etc, Bathroom cleaning, Water tank cleaning Vacuum cleaning, mopping, dusting, floor polishing, polishing mirrors.
Landscape Design	Overall design of outdoor spaces, from entrances to courtyards and community areas.
Repair & Renovation	Roof leakage, alterations to a pre-existing structure or building, upgrades to an existing building, outdoor space, or existing infrastructure.
Transport Service	Load Carrier facility

- **Contact:** + 91 8270071581
 - **Primary Email:** rapidcare@auroville.org.in
 - **Secondary Email:** rcsrapidcareservice@gmail.com
 - **Instagram handle:** @rapidcare1 **Balaji & Arun**

SURABHI SUPPLIES

Your one-stop shop for quality materials and equipment in Auroville! We offer discounted prices on construction supplies, appliances, machinery, and more through bulk purchases, saving you time and money.



- **Contact us for all your procurement needs:**
surabisupplies@auroville.org.in
 +91 9843846458 WA, Phone, Iyyappan

FREE STORE

Our operating hours are:

- **Monday—Saturday:** 9am—12:30pm
- **Tuesday & Thursday:** 2:30—4:30pm

We kindly request that all items/clothes be dropped off only during our working hours. Please do not leave anything outside when we are closed.

Your support helps us continue serving the community, and we truly appreciate your generosity!

Kamala
for the Free Store team

RUPAVATHI JOY ACTIVITIES

Bio-Region Temple Tour: Interested in learning more about the religious heritage in and around the bio-region? Come take a guided tour of temples around the bio-region. Starting point from Solar Kitchen. Can be scheduled anytime throughout the week. Please contact me in advance for more information and booking.

South-Indian Cuisine: Cooking class: Learn to cook some delicious delicacies of south India with Rupavathi.

Thai Massage & Tailoring: We give every morning from 9:30—11:30, 11:30—1:30, 5:30—7:30pm.

This is for both the classes: we can tailor and customize any kinds of dresses, sari-blouses and kurtas.

- For any of the above services, contact:
- 8098845200 WA/ ph., rupavathijoy@gmail.com

Rupavathi



inside india
DREAMS & MEMORIES

Vanakkam, Bonjour, Namaste, and Hello! Inside India will be closed on all Saturdays during May and June.

For urgent matters or emergencies, you may contact our ticketing agent Ganesh at +91 9894598686.

Itineraries & Ticketing: Planning to escape the summer heat? Inside India can craft the perfect itinerary tailored to your travel needs across India and Sri Lanka. Write to us at tours@insideindiaauroville.com.

As always, we're open **Monday to Friday, 10am—5pm,**
@ our Kalpana Office. Happy Summer!

Shaheen for the Inside India Team

SARVAM COMPUTERS OFFERS RELIABLE SERVICE

Sarvam Computers is located in Utsav Complex. Sarvam Computer offers all types of computers sales and service, data recovery, all types of Apple device sales and services, office network and server setup, monthly and annual maintenances etc.



Contact Sarvam Computers

Utsav Phase—1 A, First Floor, Vérité Radial, Auroville

- 0413 2622050, 9443211891, 9786953603
- FS account: 251263
- sarvamcomputers@auroville.org.in

Bala

Poetry

WHEN THE SONG RISES

When the song rises,
When I sing to the sea—
My only audience—
My loudest voice
And sweet tunes
Barely audible
Amid roaring tides,
The fullest expression
Settles in the cells—
Serene and satisfied.

One single moment like this—
Aeons seem to have passed by!

Anandi Z.

Story from Eli**LIFE'S PROBLEMS**

The miller's daughter complained to her father about the difficulties of dealing with life's problems. Her father listened and invited her to the kitchen, where he showed her three pots of boiling water. In the first pot, he placed a carrot. In the second, he placed an egg. In the third, he poured coffee beans.



After a while, he pulled the carrot out and placed it on a plate. He fished the egg out and placed it in a bowl. He strained the coffee and poured it into a cup. He looked at his daughter and asked, "What do you see, my dear?" She approached the table and examined the items: the carrot was soft and could be easily mashed; she peeled the egg, which had become hard inside; the coffee gave off a wonderful aroma.

The father said, "This is how different people react to the same difficulty. The boiling water represents the same condition for the three substances."—The carrot, which was strong, became soft and weak in the boiling water.—The egg, initially delicate and fluid inside, hardened completely under pressure.—The coffee beans were unique—they changed the water itself, creating something exquisite.

He asked, "Which one are you, my dear daughter? When difficulties knock at your door, how do you respond? Are you like the carrot, which seems strong but loses its resilience under pressure? Are you like the egg, with a soft heart that hardens in adversity, appearing the same outwardly but with a bitter heart and soul inside? Or are you like the coffee bean, which transforms the very situation of pain into something beautiful?"

To be like a coffee bean is to remember: everything that happens in life has a reason—we just need to discover the reason and learn from it. There is no deficiency that cannot be turned into an advantage.

Eli Magen

TRIKALADRISHTI, THE SUNLIT PATH and the Triple Transformation

Here are sequential questions to ask <https://incarnate-word.in/AskAi#!> or any other InfoComm helpers:

Q1: *What is the Truth of Trikaladrishti?*

Q2: *How does that relate to the Eternal Now containing the past-present-future?*

Q3: *How does the knowledge of Trikaladrishti relate to the conscious work to hasten the advent of the new apex species the Supramental being?*

Q4: *How can the Sunlit Path of Surrender and Bhakti to the Supreme Divine Mother Mahashakti support the Triple Transformation of Psychicisation, Spiritualisation and Supramentalisation?*

Here are the answers from Gemini:

- <https://g.co/gemini/share/91149c59da80>

And from ChatGPT:

- <https://chatgpt.com/share/6818d7f6-5d18-8013-b3a0-3bccd70fba0a>

Thus the Vision-Goal of the...

To read the full post, please click the link below:

- <https://zechjoya.blogspot.com/2025/05/trikaladrishti-sunlit-path-and-triple.html>

Note: for readers of the printed version, please scan the QR Code to access the link or go to this blogsite to access the post of the same title: <https://zechjoya.blogspot.com/>.

Zech



JOIN OUR WEB SERIES on the Matrimandir

For the past four years, the Auroras Eye Films team has been creating a web series that releases a new video each month, featuring Aurovilians sharing their personal connection to the Matrimandir.



We are now inviting more Aurovilians to be part of this journey! The only requirement is that you must be an Aurovilian—beyond that, everyone is welcome.

- If you are interested in participating, please contact Serena at 8489760966 for more information.
- You can also visit our website:
www.matrimandirandi.com

Serena

AUROVILLE RADIO TV



Dear Aurovilians, your favourite radio is always working for you. Stay tuned!

Last published podcasts

- [Menstrual Well-Being-Ep.1—"Sai Priya in Conversation with Kalvikarasi"](#) (Health & Wellness)
- [Marlenka's weekly Offering—Ep.136](#) (Literature)
- [Savitri—Ep.8: Introductory Comments in Tamil by Dhanalakshmi](#) (Spirituality)
- [Teens Connect Ep. 15: Luce and Oliver are in conversation with Aryamani](#) (Education)
- [Une série hebdomadaire de lectures par Gangalakshmi—Ep.491](#) (Integral Yoga)

Latest Youtube Videos

- [Singing the World—Auroville Harmonies Women's Choir | Full Live Performance at Cripa, Auroville](#)

...and more! on www.aurovilleradiotv.org

For more information write to radio@auroville.org.in

Be Part of Auroville Radio TV's Creative Journey

We are passionate about bringing fresh, engaging podcasts to you through Auroville Radio TV, our radio website and Youtube channel. **Now, we invite you to be part of this creative journey!**

Do you have an idea that could inspire, inform, or uplift our community? Share it with us! If it aligns with our vision, we'll support you in shaping it into inspiring podcast.

Let's co-create something meaningful and extraordinary together!

- **Send your ideas** to radio@auroville.org.in
- Explore more on:
 - www.aurovilleradiotv.org
 - www.youtube.com/@AurovilleRadioTV

Follow us for more updates!

Looking forward to hearing your ideas!

Sai Priya
for Auroville RadioTV Team

Classes, Workshops & Healing Arts

UPCOMING MINDFULNESS OFFERINGS with Helen

Mindfulness Kindfulness half day retreat

- **Saturday, 17 May,**
9:15am—12:30pm @ Creativity Hall of Light

This half-day retreat provides a chance to unplug from the stress & chaos of everyday life, & revitalise in this immersive space of calm. It is an invitation to shift the pace of life and reorient attention softly, with care, to the here & now.

This session blends mindfulness meditation practices with reflections on kindness, allowing for an inner movement towards softening, care & compassion. It is a chance to bring gentle awareness & a deep radical acceptance to ourselves



It is suitable for all—those new to meditation & experienced meditators looking to deepen their practice. Participants can practice in a seated position or lying.

- **Booking is required.** Contact Helen on +91 7094753054 WA or visit innersightav.org

Mindfulness for Stress Reduction 1 week course

- **Monday, 2 June—Saturday, 7 June**
- 7:15—9:15, Monday to Friday &
9am—3:30pm, Saturday

The Mindfulness Based Stress Reduction (MBSR) course is recognized worldwide as the gold standard in mindfulness meditation, with extensive research supporting its health & wellbeing benefits. It can help



with anxiety, stress, depression, management of chronic pain, diabetes, blood sugar levels, immune functioning & menopausal symptoms. It can also improve emotional regulation, increase focus & build resilience.

We learn to observe our internal experiences with gentle curiosity. This awareness helps us recognise our reactive patterns to everyday stresses, how these reactions manifest in our bodies and mind, and the impacts it has on ourselves and those around us. The course teaches practical tools—including focused awareness, curiosity, acceptance, patience, and compassion—that can help us to soften our inner knots and offer the possibility of making healthier choices for improved wellbeing.

The course synthesises ancient Eastern spiritual practices and wisdom with emerging findings from neuroscience, positive psychology & Mind-Body Medicine.

All are welcome—whether you're new to meditation, wanting to learn new tools to deepen your practice or looking to integrate mindfulness into your work, or just curious. The course is guided by Helen, a qualified MBSR teacher with a certificate in Trauma Sensitive Mindfulness.

- **Pre-registration is required.** Contact Helen on +91 7094753054 WA or visit innersightav.org

Helen

AUROMODE SPA OFFERS COSMETOLOGY SERVICES

Auromode SPA, offering services like facial, pedicure, manicure, waxing, threading, haircuts and hair coloring. Working from Monday to Saturday **only by appointment call or WA: 9443635114.**



Meha for Auromode SPA

MANTRAS & STOTRAS Traditional Chanting Class

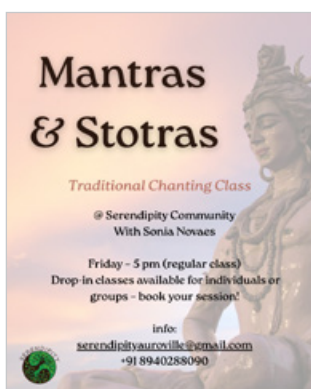
Friday, 5pm (regular class)
@ Serendipity Community
with Sonia Novaes

Drop-in classes available for
individuals or groups.

Book your session!

Info: +91 8940288090
serendipityauroville@gmail.com

Sonia



INTEGRAL UNFOLDMENT

Life Coaching (Aletheia Coaching School)



Are you feeling stuck? Looking for a renewed purpose?

Life is an incredible journey, unfolding one chapter at a time. In some moments, it's natural to feel stuck or lost, or longing for a new direction.

I'm here to support those ready to go deeper—beyond the surface—courageously exploring what's emerging and navigating roadblocks with presence and authenticity.

Through a transformative approach inspired by **Internal Family Systems (IFS)**, **Focusing**, and the **Diamond Approach**, we'll uncover your innermost self and help you get unstuck and move forward with clarity and purpose.

By Dave (JOI Anitya), +44 7564119728 WA

VEDIC ASTROLOGY FOR BEGINNERS

Starting May 2025

The new batch of Vedic Astrology will begin in **May 2025**. This is for beginners, and will cover Astronomy, Indian Philosophy and Mythology, as well as the basics of Vedic Astrology.

It will be a **year-long online program**, with in-person retreats to get an experiential feel of the topics involved.



If you are interested and curious about these topics, please find the **registration link**: <https://allthingsvedic.in/astrology101>

Vikram

SOUND THERAPY & SELF HEALING

Rejuvenating soundbath combined with breathing techniques for maximum benefits.

- By immersing yourself in the vibrations from a sound bed you will start to connect with your body's consciousness.

- By performing specific breathing exercises and deepening your connection with the chosen organ, you will be able to release negative emotions such as anger, sadness, and hate—and be able to invite joy, love, and stability into yourself. These exercises can be continued as a Self-Healing practice at any time in the future.

- **Contact** 9385428400 call/ WA to book your session today! Donation Based



Submitted by Isha

PITANGA CULTURAL CENTRE:**Program May 2025**

Dear friends, it's time for annual repair work: Pitanga will close to the public from Monday, 2 June, onwards. We will be back with regular activities on Monday, 7 July.

Drop-In Classes:

- Join without prior registration!

Mondays	
4pm–5pm	Listening Within guided by Mike
5:30pm–6:45pm	Vinyasa Flow Yoga with Flowrina
Tuesdays	
7:30am–8:30am	Hatha Yoga with Priyamvada
5pm–6:15pm	Yoga: Restore & Relax with Flowrina
Wednesdays	
5:30pm–6:45pm	Vinyasa Flow Yoga with Flowrina
Thursdays	
7:30am–9am	Prana Kriya with Flowrina
4pm–5:15pm	Healthy Pelvic Floor with Flowrina, for women only
4:30pm–5:30pm	Aviva Exercise with Suriyagandhi, for women only
5:30pm–7pm	Yoga: Restore & Relax with Flowrina
Fridays	
6:45am–8am	Pranayama with François & Namrita, For former “The Art of Living” course participants
8am–9:30am	Yoga Therapy with Gala, only on May 2nd
4:30pm–5:30pm	Readings of The Life Divine with Balvinder, only on 9 May
5:30pm–6:45pm	Vinyasa Flow Yoga with Flowrina
Saturdays	
7:30am–8:45am	Prana Kriya with Flowrina
2:30pm–4:30pm	Truth Based Relationships—Practical Sessions with Juan Andrés

Classes, by Prior Registration

- Prenatal Yoga Circle with Flowrina
 - Mondays, 10:30am–12:30pm
- Kolam Yoga with Flowrina
 - Tuesdays, 10am–12pm

Healing Space, by Appointment

- Shamanic Healing by Auromira
- Yoga Therapy with Nadia A.

New Activities

- **Prana Kriya Sadhana with Flowrina**

Prana Kriya is a deep practice for mental and energetically cleansing.

- Thursdays, 7:30—9am, Saturdays 7:30—8:45am
- Drop-in class, Practice for all levels

In its simplified version Prana Kriya includes a set of specific exercises that combines posture, movement, breath, concentrated attention and visualisation directed towards each main energetical point in order to stimulate and awake the perception within.

- **Healthy Pelvic Floor with Flowrina**

- Thursdays 4pm—5:15pm, For women only

A weekly drop-in class about the maintenance and health of the pelvic floor. Just like a house needs a strong foundation, our bodies rely on a well-aligned pelvic floor for stability and health. This class is designed to bring awareness and care to this essential part of our body.

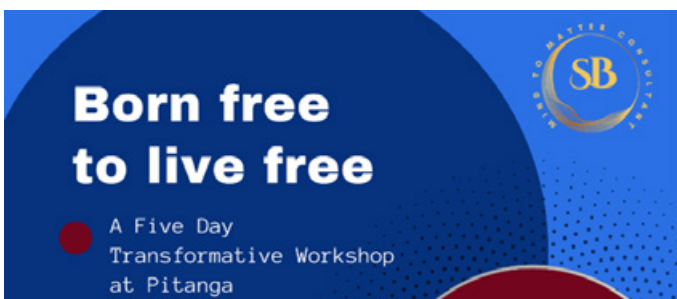
Through interactive and practical sessions, we'll explore exercises to strengthen and relax the pelvic floor as needed. Inspired by yoga and pelvic floor gymnastics, the class will offer valuable techniques for long-term wellbeing.

Open to women of all ages and levels, including pregnant and postnatal participants. Prevention is key—start caring for your foundation now.

Flowrina invites: *"I'm here to guide and support you on this journey."*

Workshops

- **Born free to live free with Ange Sabine Blanchflower**



- **Monday, 19 May—Friday, 23 May, 5 days**
- Daily, 12:45pm—1:45pm
- Registration required

Ange invites, *"Discover how you can deconstruct the Beliefs that keep you from living your best life and your Purpose."*

Ange Sabine Blanchflower is a Consultant with the Proctor Gallagher Consultants Division. Her mentor Bob Proctor is to this day the leading Teacher of Self Development and Human Potential. And the approach is a holistic one—Spiritual, Mental and Physical.

Pitanga supports a cashless economy in Auroville. If you are hosting guests who would like to participate in our activities, please inform them that contributions must be made cashless. If you wish to receive our program of activities by email, please write to us. See you at Pitanga, with a smile!

2622403/ 9443902403 WA,

info@pitanga.in,

Andrea for Pitanga Team

ARKA WELLNESS CENTER

May Program

arka@auroville.org.in, 0413 2623799



Treatments

Therapist	Treatments, When
Barbara	<ul style="list-style-type: none"> • Yoga of Mother and Sri Aurobindo • Healing and Awareness on all levels (physical, vital, emotional, mental and psychic) • Mother's Flower Medicine (vibrational remedy) • Individual Sessions and Groupwork • Psychosomatic Therapy and Breath Therapy • Consciousness/ Energy/ Body Work based on Integral <p>Only by Appointment baritam@auroville.org.in</p>
Pepe	<ul style="list-style-type: none"> • Body Logic • Soft Massage • Deep Tissue Massage. • Monday to Saturday <p>By Appointment: +91 9943410987</p>
Silvana	<ul style="list-style-type: none"> • Cranio-sacral • Lomi Lomi • Kahuna massage • Barefoot body massage • Monday to Saturday <p>y Appointment only: +91 9047654157</p>
Antarjyoti (English & French)	<ul style="list-style-type: none"> • Psychospiritual Introspective Tarot Reading • Deconditioning Self Inquiry • I ching oracle • Inner/subpersonalities forces awareness • Monday to Sunday <p>By Appointment only: 0413 2623767 antarcalli@yahoo.fr</p>
Niyati Thakkar	<ul style="list-style-type: none"> • Integral Regression therapy • Integral reiki healing • Holotropic technique breathwork • Monday to Sunday <p>By Appointment only: +91 7041391995 narayani-nc@auroville.org.in</p>
Olesya	<ul style="list-style-type: none"> • Visceral massage (it uses manual abdominal pressure to improve health, metabolism, and immunity helping with conditions like gastritis, diabetes, bronchitis, cystitis, hormonal disorders, and migraines) <p>By Appointment only: +91 9159052743 olesya@auroville.org.in</p>
Shruti	<ul style="list-style-type: none"> • Physiotherapy, in Orthopedics. Neck pain, Frozen shoulder, any shoulder related pain, Low back pain, Knee pain, Heel pain, Muscle injury, Ligament injury, Sports injuries, Sciatica, Post fracture/ Surgical rehabilitation, Stroke/ Paralysis, Facial palsy/ Bell's palsy, General fitness, Ergonomic advice, <p>By Appointment only: +91 7904769496 auroshruthi@auroville.org.in</p>

Classes

Teachers	Classes	When
Damien	Acroyoga	by Appointment only +91 9047722740
Teresa	Pilates	Tuesday & Thursday, 7:30—8:30am Friday, 5:30—6:30pm by Appointment only +91 7867998952
Olesya	Iyengar yoga	Wednesday, Saturday, 6:30—8am Monday, Thursday, Saturday, 5—6:30pm or by Appointment +91 9159052743
Aurosugan & Priyanka	Eye yoga and wellness retreat	Monday to Sunday, 7—8am by Appointment only +91 8012305151/ 9704258709
Priyamvada	Hatha yoga	Monday, 8—9am, Friday, 7:30—8:30am by Appointment +91 9486261640

Services

Aurokiya: Eye Care Center

- Monday & Saturday, 9am—12:30pm, 1:30—5pm
- +91 8012305151, aurokiya@auroville.org.in

Morning Star: Birth & Women Wellness

- morningstar@auroville.org.in

Maatram: Psychological & Psychiatric Consultation

- By appointment, +91 9087709434
maatram@auroville.org.in

Convalescence Facility: Post-Surgical and Care Facility

- For Aurovilians only, Max. stays 3 weeks
- Please contact Arka
0413 2623799, arka@auroville.org.in

Emergency Services: Ambulance & Emergency Service

- +91 9442224680, ambulance@auroville.org.in

Svasti: Homeopathic Consultation

- By appointment: +91 9428429642
adititva@auroville.org.in

Health & Healing Trust: Administration Office

- Health & Healing Trust
healthhealingtrust@auroville.org.in Ramana, Arka

LEELA THERAPY

A unique combination of psychotherapy, self-inquiry and ancient teachings of Enneagram of Liberation. I invite you to be supported by heart based and trauma-informed skills, taught by Leela School of Awakening.



Private 1:1 sessions are a powerful and intimate container to work on your deep emotional healing and self-discovery. Anything, and everything is welcomed. Leela therapy is offered by Kardash in person or on-line.

- For more details see www.innersightav.org or Kardash +91 9940934875 WA.
- Please note updated timings:
 - Mornings: Monday & Wednesday,
 - Afternoons: Tuesday & Thursday
 - Full Day: Alternate Friday or Saturday

Kardash

VÉRITÉ EVENTS MAY 2025

Please contact Vérité
@ 0413 2622045, 2622606,
9363624083

or programming@verite.in, www.verite.in



Yoga & Other Classes

Days	Drop-in Classes	Timings	Presenters
Mon-day	Yoga Asana: Deep Stretch & Relaxation	7:30—8:30am	Radha
	Deep Sound Bath	5—6pm	Satyayuga
Tues-day	Sivananda Hatha Yoga (No class on 27 May)	7:30—8:30am	Nikki
	Slowing Down Through Yoga	5—6pm	Dharani
Wed-nesday	Yoga Asana: Deep Stretch & Relaxation	7:30—8:30am	Radha
Thurs-day	Sivananda Hatha Yoga (No class on 29 May)	7:30—8:30am	Nikki
	Deep Sound Bath	5—6pm	Satyayuga
Friday	Yoga Asana: Deep Stretch & Relaxation	7:30—8:30am	Radha
	Taralaya Flow Dance (no class on 2 May)	5—6:30pm	Vera
Satur-day	Slowing Down through Yoga	7:30—8:30am	Dharani
	Deep Sound Bath	5—6pm	Satyayuga
	Sivananda Hatha Yoga (No class on 24 & 31 May)	5—6pm	Nikki

Treatments and Therapies

Therapist	Therapies (by appointment only)
Dharani	Yoga as Therapy
Mamta	Face & Neck Massage
Mila	Biodynamic Craniosacral Therapy
Parvathi	Food is Medicine: Lifestyle Health Practices Consultation
Parvathi	Healing Facial Therapy: An 8-Step Skin Care Treatment with Indigenous Herbs
Radha	Ayurvedic Massage: Detoxifying & Energy Balancing
	Swedish Massage
Radhika	Birenda Massage
	Craniosacral Therapy
	Integrated Craniosacral Therapy & Foot Reflexology
Raja	Integrated Ayurvedic Acupressure, Deep Tissue & Heart Healing Massage
Satyayuga	Healing Sound Bath with Tuning Forks
Susan	Heart-Centered Resilience
Vyshnavi	Energy Healing Reiki
	Holistic Foot Reflexology
	Holistic Rebalancing Massage

Workshops

(pre-registration required)

Day & Date	Workshops (pre-registration required)	Timings	Presenters
Friday, 9 May	Panchakarma: Ayurvedic Purification Techniques Workshop	2—4pm	Dr Geeta
Saturday, 10 May	Introduction to Shamanic Practices	9:15am—12:15pm	Auromira
Saturday, 17 May	Exploring the Vegetal Realms: Shamanic Practices to Connect with the Healing Power of Plants & Trees	9:15am—12:15pm	Auromira

Workshops

- Contact 0413 2622045, +91 9363624083 WA, programming@verite.in

Panchakarma: Ayurvedic Purification Techniques with Dr. Geeta

- Friday, 9 May, 2—4pm

For human health and healing purposes, Ayurveda has a Panchakarma, which is a set of five cleansing procedures. Through this workshop you will learn about these 5 types of cleansing and purification processes. You will learn about internal cleansing as well as external physical body cleansing.

Introduction to Shamanic Practices with Auromira

- Saturday, 10 May, 9:15am—12:15pm

Explore the ancient practice of shamanic journeying—a powerful tool reconnecting us to Nature for healing, guidance, and self-discovery. Whether you're a complete beginner or an experienced practitioner, you'll gain practical insights to deepen your self-inquiry practice. This highly experiential workshop includes guided meditative live drum journeys, along with a step-by-step approach to ensuring successful and safe practice. You'll leave with a deeper understanding of shamanic practices and the tools to continue your journey with clarity and confidence.

Drinking Water the Correct Way with Mila

- Friday, 16 May, 3—6pm

Our body, which is 60% liquid, does not contain a single drop of pure water. It is water with electrolytes for conductivity and Life to happen. The modern habit of drinking 1.5—2 litres of liquid with low salt intake unbalances the chemistry, affecting the functions of several systems in the body. It is also showing to be the cause of some new maladies.

Exploring the Vegetal Realms

Shamanic practices to connect with the healing power of plants and trees with Auromira

- Saturday, 17 May, 9:15am—12:15pm

In this advanced 3-hour shamanic workshop, participants will deepen their connection to the natural world through embodied techniques designed to access the healing wisdom of the vegetal realms of plants and trees. Building on the foundation of the "Introduction to Shamanic Practices" workshop, we will explore plant intelligence and how to communicate with their consciousness. This workshop is experiential with guided journeys, sensory awareness practices, and grounding exercises. Inviting you to embody vegetal realm teachings for personal transformation and growth.

Aparna & Anandhi

It Matters

Schedule from 25 April—4 May

Weekly Activities—A/C Room

All activities are:

Rs. 500 for guests and 50% discount for Aurovilians/ Newcomers/ Savi registered volunteers.

Extra discount vouchers available, only for weekly activities, not for workshops.

ITMATTERS.AUROVILLE.ORG

@AUROVILLE.CURATED



LOCATION:

Auroville Main Road
Kuilapalayam

- **It Matters Café is open now!**
- **Workshop pre registrations:**
 - itmatters@auroville.org.in,
 - or +91 9344087925 WA

Date	Activity
Sunday, 11May, 3—5pm	Integral Psychology n#2: 4 Week Study Course with Matthias
Sunday, 8 May, 3—5pm	Integral Psychology n#3: 4 Week Study Course with Matthias
Date	Workshops in May*
Saturday, 10 May, 9:30am—1:30pm	Brains, Biases, and Breakthroughs: The Psychology of Design Thinking with Biplab. Free contribution Rs 1—1000
Saturday, 17 May, 3—5pm	Mandala & Mindfulness (Art Workshop) with Anusha. Free contribution Rs 1—1000

*Pre-registration for Workshops is required
More info on instagram: [@auroville.curated](#)

Saranya for It Matters

Languages

NEWS FROM AUROVILLE LANGUAGE LAB 8 May, 2025

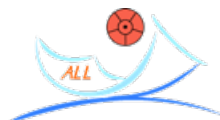
Tomatis

We still have some spaces for Aurovilians, Newcomers and Volunteers adults, teenagers and kids to do the Tomatis listening training programs—so don't delay to grab these spots. Have a look at <https://www.aurovillelanguagelab.org/alfred-tomatis-method/> for more info. If you have been waiting a while, or thinking about this for long, now is your chance.

- Send an email to tomatis@aurovillelanguagelab.org.

Due to some postponements, two-week and three-week slots have opened up, which are great for the 30-hour Wellness Listening Training programs or shorter language programs. Open to all.

- Resonance, the book!
Check it out at <https://books.aurovillelanguagelab.org>
- To enquire or register:
tomatis@aurovillelanguagelab.org or call
0413 2622467 or 3509932.



Courses

Current Schedule of Classes as of 8 May

See details here:

- <https://aurovillelanguagelab.org/current-schedule/>

Current Schedule of Classes as of 8 May

Lan- guage	Level	Time	Day(s) of Classes
English	The English of Shakespeare	9:30–10:30am	Tuesday & Thursday Monthly with Rupam
	Pre-Intermediate & Intermediate	10:30–11:30am	Tuesday & Thursday Monthly with Rupam
	Creative Writing	9:30–10:30am	Monday & Wednesday Monthly with Rupam
	Learn English through theatre	11am–12pm	Monday & Wednesday Monthly with Rupam
	Beginner with Ashwini	4:30–5:30pm	Wednesday & Friday
	Kids with Ashwini	4:30–6pm	Tuesday & Thursday
French	Beginner Adults	3–4:30pm	Wednesday & Friday with Auroasha
	Beginner Children	3–4:30pm	Wednesday & Friday-with Jade
Tamil	Beginner	9:30–10:30am	Tuesday & Friday with Saravanan
Spanish	Beginner	2:30–4pm	Monday & Wednesday with Mila
Hindi	Spoken Beginner	5:30–6:30pm	Wednesday & Friday with Ashwini
Italian	Beginner	TBC	Registration Open with Karuna

New! Japanese for Beginners

We are pleased to announce the launch of a comprehensive Japanese course for beginners, designed to follow a structured syllabus using the renowned textbooks “*Minnano Nihongo—Books 1 and 2*”. This program spans 1.5 years, with classes held once a week for 1.5 hours. Students will be required to purchase the textbooks.

The course will be taught by Naoko d’Anjou, a professionally trained instructor in Japanese language education. We are fortunate to have her expertise guiding this class.

We are seeking three highly committed students who are prepared to fully engage with the coursework. In addition to weekly classes, students will be expected to complete assignments and dedicate time for self-study and review outside of class. The course will be conducted entirely in Japanese, without translation, to create an immersive learning environment.

This program places a strong emphasis on mastering Japanese sentence patterns, oral communication, reading, writing, and kanji. Our goal is for students to reach JLPT N4 proficiency within six months and JLPT N5 within one year. Consistent pre-class preparation and post-class review are essential.

If you are ready to commit to this 1.5-year journey and are serious about learning Japanese, please send an email to info@aurovillelanguage.org with the subject line: “Japanese”.

The moment we get the required minimum of 3 registered students will determine the course start date.

Course Objectives:

- Learn beginner Japanese using “*Minnano Nihongo—Books 1 and 2*”
- Study kanji alongside grammar and vocabulary
- Focus on sentence patterns, oral practice, reading, and writing
- Achieve JLPT N4 level in 6 months, and N5 in one year
- Commit to weekly self-study and review

We welcome your inquiries and look forward to hearing from dedicated learners ready to embark on this rewarding language journey.

Call for Arabic Language Teacher

We are seeking a dedicated Arabic teacher for one-on-one lessons. The ideal candidate will possess a native-level command of Arabic, along with a passion for language instruction. Prior teaching experience and the ability to tailor lessons to individual student needs are desirable.

If you are enthusiastic about sharing your expertise and helping learners achieve fluency, we would

love to hear from you! To apply, please send a brief cover email outlining your experience to

- info@aurovillelanguage.org.

NEW! French classes with Auroasha and Jade

Auroasha is pleased to offer a new beginner French course, starting May 7th and continuing through June. This course is designed for complete beginners who wish to start their journey in learning the French language and culture.

Course Details:

- **Instructor: Auroasha**
- Wednesdays and Fridays, 3—4:30pm
- Starting 7 May, open to all adult beginners

Auroasha's classes will focus on building foundational skills in French, including essential grammar, vocabulary, and pronunciation, through interactive and practical activities. The aim is to help participants gain confidence and fluency in everyday communication, as well as an appreciation for Francophone culture.

Additionally, Jade will be offering a dedicated beginner French course exclusively for children. This course will run on the same days and at the same time as Auroasha's, providing a supportive and engaging environment tailored to young learners.

Children's Course Details:

- **Instructor: Jade**
- Schedule: Wednesdays and Fridays, 3—4:30pm
- Starting 7 May. Children only (15yrs and under)

Both courses emphasize active participation and practical language use, ensuring that learners can quickly begin to communicate in French and understand the basics of the language.

For more information or to register, please contact the Language Lab at info@aurovillelanguage.org. Don't miss this opportunity to start learning French in a friendly and supportive setting!

Private and group classes for English

Rupam: Our private and group classes are tailored to meet the unique needs of each student. However, please note that learning is not confined to the hour you spend with me. To truly develop a new skillset, it must become a part of your lifestyle. Be prepared to engage in various exercises that will challenge you to step out of your comfort zone and overcome your inhibitions.

Vismai: offers English conversation lessons one-on-one and to small groups limited to 2-3 learners. Her classes are customized according to each individual's level and pace. Each class is divided into several segments focusing on aspects such as pronunciation, tuning the ear to various accents, fluency in conversation, basic grammar, reading comprehension, idiomatic expressions, and sentence construction. The lessons make use of poetry, film, song, and quiz to allow an easy assimilation of the language. Enquire for timings.

Beginner English with Ashwini:

- Wednesday and Friday, 4:30—5:30pm

Ashwini will take on a new group of students and work through her proven English lesson plans that she has been giving for over a decade.

Head on over to the Lab's online form and complete your registration now so that we can keep you posted!
<https://aurovillelanguage.org/registration/>

Spoken Hindi for Beginners with Ashwini

- **Started 4 April, Wednesdays and Fridays, 5:30—6:30pm.**

Brush up your language proficiency with this 12-hours Hindi crash course. We will fast-track our way to acquiring an essential vocabulary for everyday conversations using techniques to speak effectively and confidently. This will be supplemented with quick and widely applicable grammar tips.

Conversational Tamil (pre-intermediate) with Saravanan

- Registration Open. Started 15 April
Wednesdays and Fridays, 9:30—10:30am

Especially suitable for those who have gone through a beginner level, this course will help you apply the fundamentals acquired earlier while gaining confidence in conversational Tamil. Our fun, interactive lessons and supportive environment will make it easy and enjoyable.

Beginner Spanish Course with Mila

- Mondays and Wednesdays, 2:30—4pm
Started 17 March

This comprehensive beginner Spanish course, starting 17 March led by our veteran instructor Mila, is designed to equip you with the fundamental skills needed to understand and speak Spanish. Over the course of three months (36 hours), you will delve into essential grammar, vocabulary, and pronunciation, enabling you to engage in basic conversations and navigate everyday situations in Spanish. Whether you're planning a trip to a Spanish-speaking country or simply want to expand your language skills, this course offers a supportive and immersive learning environment to kickstart your Spanish language journey.

Italian—Beginner Level, Registration Open

Our long time Italian teacher Karuna, with years of experience would love to start a new class. So, if you've been thinking about starting or getting back into learning Italian, please do register your interest online.

<https://aurovillelanguage.org/registration/>

Reminder about our free Evening Programs

The evening conversation classes are a chance for all to practice speaking with native speakers offering their time. Barring indicated exceptions, these sessions happen weekdays from 5 to 6pm as follows:

- **Mondays:** French
 - with Isabelle (1st, 3rd and 5th week of the month)
 - with Coco and Gaspard (2nd and 4th week of the month)
- **Tuesdays:** Spanish with Gloria
- **Thursdays:** We are looking for a new anchor to host one more meet-up for English.
- **Fridays:** Conversational Hindi with Smriti, 5—6pm

We are still looking for native speakers to facilitate German, Italian and English conversation. Actually, any weekday from 5—6pm is open for people to offer their language. Big thanks to Darren for his time and presence for English the last few months, and to Isabelle and Patricia for French.

Film Shows

Two documentary films, one on the Alfred Tomatis method (48 minutes) and one on the special features of the Language Lab building (27 minutes) are available on our new website and at the Lab, where you are welcome to come and watch them. All are welcome.

Communication with the Lab

Service through our BSNL phone numbers: 2623661 (Lab) and 2622467 (Tomatis).

- **For language-related matters:** +91 9843030355WA.
- **For Tomatis** please use 0413 3509932.

Mita, Mano, Louis & Vismai for Auroville Language Lab

LEARN

English and Hindi

- Learn spoken/ written English and Hindi language for fluency and confidence!
- For more information contact Ashwini: 8270512606.

Ashwini, Aspiration

Cinema




Attention: Dear film lovers, we inform you that in the upcoming months from April to June, Aurofilm will not screen its Friday movies at the MMC auditorium/ Cinema Paradiso. We hope to return in July after the summer!

We hope to raise enough financial support to continue promoting the best values of Cinema as a service to the community! Therefore, Aurofilm is happy to announce that it has been accepted as an AVI USA partner. Here we are sharing the link to support us. You can consider becoming a monthly supporter!

- <https://give.aviusa.org/page/AuroFilm>
- Or, you can make your contribution through our financial collection account number **252658**.


We look forward to seeing you at our studio in Kalabhumi!

Note: Contributions are very welcome!—Aurofilm Collection Acc. No. **252658** *Susana and Aurofilm team*



Cinema Paradiso Presents
On Thursday, 8 May 2025 @ @ 8pm @ MMC Auditorium, Auroville

Amy Miller's





Local activists challenge fossil-fuel dependency and power structures in a struggle for social justice and climate change

GAZA GERMANY COLOMBIA

TOMORROW'S POWER

A FILM BY AMY MILLER



TOMORROW'S POWER

Canada, 2017, Writer-Dir. Amy Miller, Documentary, 76mins, English w/ English subtitles, Rated: NR (R)

Across three regions—Colombia, Germany, and Gaza—communities are fighting back against economic and environmental crises with resilience and ingenuity. In Colombia's war-torn Arauca province, where oil fuels conflict, locals defy the odds by building peace from the ground up. In Germany, activists take on powerful industries, pushing for a complete shift away from fossil fuels to renewable energy. Meanwhile, in Gaza, where power outages threaten lives daily, medical professionals turn to solar energy to keep hospitals running and save lives. These powerful stories reveal how ordinary people, in the face of immense challenges, take extraordinary steps to reclaim control over their futures, proving that change is possible—even in the most difficult circumstances. This documentary is a gripping testament to courage, hope, and resistance.

We extend our gratitude to the writer-director for offering this impactful film with us!

Nina for MMC/CP Group Account# 105106,
mmcauditorium@auroville.org.in

AN APPEAL FOR £160

HELP us at Cinema Paradiso in supporting the screening of an inspiring work by a woman Palestinian filmmaker, exploring essential food and foraging this April.

While we typically receive films free of charge, unique circumstances require us to cover a discounted screening fee of £160. We are seeking a donor who can directly pay the UK-based distributor by early April or pay via AVIs or INR and cover for the exchange rates as well.

- To contribute, please email mmcauditorium@auroville.org.in. Nina for MMC-CP

**ECO FILM CLUB:
Every Friday @ Sadhana Forest**



Schedule of Events

- 16:00** Free bus from Solar Kitchen to Sadhana Forest for the Tour
- 16:30** Tour of Sadhana Forest
- 18:00** Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
- 18:30** Eco Film Club begins with “previews” of short Sadhana Forest films
- 20:00** Dinner is served
- 21:15** Free bus from Sadhana Forest back to Solar Kitchen
- Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner! The bus service is operated by Sadhana Forest.

- For more information about the bus service please contact Sadhana Forest at 8525038274.
- **Note:** Families and children are welcome! Dinner for children will be served at 19:00. :)

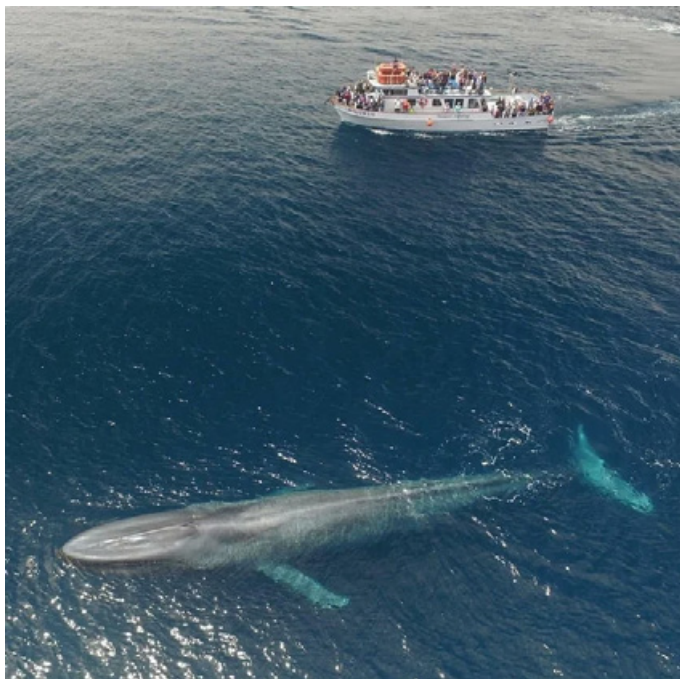
Friday, 9 May

Last Chance to See—Blue Whale

2009 / 59 minutes / Tim Green

The San Ignacio Lagoon, Baja, is the midpoint in a 10,000 mile long migration route for the grey whale—one of the longest migrations of all mammals. They come here to mate, give birth and raise their calves in the safety of the lagoon. Because they come here every year at the same time, it is one of the most guaranteed wildlife spectacles. However, this regularity made them more vulnerable to whalers and thousands got killed every year. Now protected, the grey whale numbers have begun to recover.

Aviram





CINEMA PARADISO
Multimedia Center (MMC) Auditorium
Film Program
12—18 May

Cinema Paradiso-Multimedia Center is operating at 100% seating capacity. Seating starts about 15mins before screening and stops as the film starts. Kindly arrive in time. A reminder not to use cell phone for any reason while the program is on, and no food/ beverage to be taken inside the hall.

Indian—Monday 12 May, 8pm

The Storyteller

India, 2023, Dir. Ananth Mahadevan w/ Paresh Rawal, Adil Hussain, Revathi, Drama, 116mins, Hindi w/ English subtitles, Rated:NR (PG)

Adapted from Satyajit Ray's short story Golpo Boliye Tarini Khuro, this film follows Tarini Bandyopadhyay, a retired storyteller whose captivating tales draw the attention of businessman-turned-writer Ratan Garodia. As insomnia pushes Ratan to seek inspiration, the boundaries between authorship and ownership blur, raising deep questions about creativity and plagiarism. Honoring the legacy of storytelling, this acclaimed film celebrates the enduring power of narratives. *We bring this to you as a tribute to Ray whose birth anniversary was on 2 May. A film to watch!*

Potpourri—Tuesday 13 May, 8pm

The King of Comedy

USA, 1982, Dir. Martin Scorsesse w/ Robert De Niro, Jerry Lewis, Diahnne Abbott, and others, Comedy-Thriller, 109mins, English w/ English subtitles, Rated: PG

Rupert Pupkin is a desperate aspiring comedian who will stop at nothing to achieve fame. When talk show host Jerry Langford dismisses him, Rupert's obsession takes a dark turn. Teaming up with his equally unstable friend Masha, he kidnaps Langford, demanding a shot at stardom. As reality and delusion collide, his outrageous scheme unfolds into a twisted satire on fame, ambition, and the dangerous lengths some will go to for the spotlight.

Selection—Wednesday 14 May, 8pm

Million Dollar Baby

USA, 2004, Dir. Clint Eastwood w/ Hillary Swank, Clint Eastwood, Morgan Freeman, and others, Drama-Sports, 132mins, English-Irish Gaelic-German w/ English subtitles, Rated: PG-13

Aspiring boxer Maggie Fitzgerald seeks training from the seasoned but guarded Frankie Dunn, who initially refuses to coach a woman. Over time, her relentless determination earns his respect, forging a deep bond between them. As Maggie's career soars, an unexpected tragedy forces Frankie to make a heartbreaking decision—one that will change both of their lives forever.

Interesting—Thursday 15 May, 8pm

Mozart's Sister

Australia, 2024, Writer-Dir. Madeleine Hetherington-Miau w/ Chloe Brown, Montague Cisterne, Daniel Ciuarte, and others, Documentary, 98mins, English w/ English subtitles, Rated: NR (G)

Maria Anna Mozart, a gifted musician, was once celebrated alongside her brother Wolfgang. But as she grew older, societal norms forced her into the shadows, denying her the recognition she deserved. This documentary uncovers her lost legacy, revealing the brilliance of a woman whose talent rivaled that of her famous sibling. Through historical records, letters, and expert analysis, her story emerges—a tale of ambition, sacrifice, and the quiet resilience of a genius nearly erased by history. *Don't miss!*

International—Saturday, 17 May, 8pm

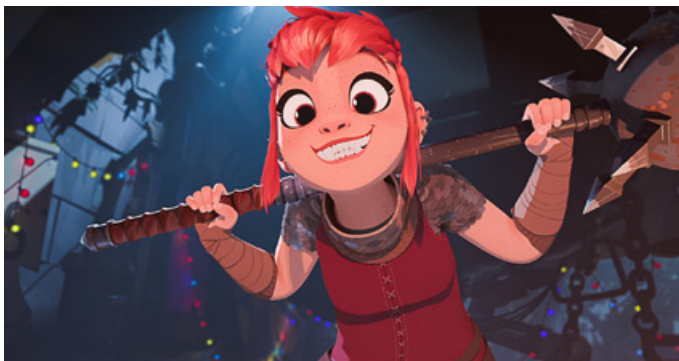
Une Langue Universelle (Universal Language)

Canada, 2024, Writer-Dir. Matthew Rankin w/ Matthew Rankin. Pirouz Nemat, Amir Amiri, and others, Satire-Drama, 89mins, Persian-English w/ English subtitles, Rated: NR (PG)

Between Tehran and Winnipeg, lives intertwine in unexpected ways. Negin and Nazgol stumble upon a frozen stash of money, desperate to retrieve it from the ice. Meanwhile, Massoud leads a bewildered group of tourists through Winnipeg's historic sites, their confusion mirroring his own. Elsewhere, Matthew abandons his government job, embarking on a cryptic journey to reconnect with his mother. As time and identity blur, their stories collide in a surreal, darkly comedic exploration of fate, displacement, and discovery.

Children's Matinee—Sunday, 18 May, 4pm

Nimona



USA-UK-France, 2024, Dir. Nick Bruno & Troy Quane w/ Chloë Grace Moretz, Riz Ahmed, Eugene Lee Yang, others, Action-Animation, 101mins, English w/ English subtitles, Rated: PG

Framed for a crime he didn't commit, knight Ballister Boldheart teams up with Nimona, a shape-shifting teen he was trained to destroy. As the kingdom hunts them, Ballister fights to clear his name while Nimona thrives in chaos. Their bond challenges everything they know about justice, loyalty, and what it means to be a monster.

Ciné-Club Sunday 18 May, 8pm

La Mala Educación (The Bad Education)

Spain, 2004, Dir. Pedro Almodovar, w/ Gael García Bernal, Javier Cámara and Others, Drama-Crime, 96 mins, Spanish w/ English subtitles, Rated: R

In the early 60s, two boys—Ignacio and Enrique—discover love, movies and fear in a Christian school. Father Manolo, the school principal and Literature teacher, both witnesses and takes part in these discoveries. The three characters come against one another twice again, in the late 70s and in 1980. These meetings are set to change the life and death of some of them.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e., for Adults), NR=Film Not rated, Rating awaited.

To organize a seminar/program at MMC kindly email us at mmcauditorium@auroville.org.in. We have a new projector and are undergoing major maintenance. To support this, please consider contributing to "Cinema Paradiso" (Account #105106) through one-time or recurring donations. Recurring contributions can be channeled through Unity Fund from your Unit/Activity. Individual Aurovilians, guests, or one-time contributions can be made directly to MMC-CP Account #5106; we'll pay the GST on them and treat it as a donation. Your support is greatly appreciated!

Nina for MMC/CP Group Account# 105106,
mmcauditorium@auroville.org.in



NEWS AND NOTES Guidelines

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth.

The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole.

The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offense caused. In case of any dispute, the Auroville Working Committee may be consulted and publishing of disputed material suspended.

The aim of New and Notes is to support any idea, that can shift Auroville as a community towards solutions:

- *If you see the problem and can share creative and constructive ways of sorting it out, we will print your article.*
- *If you are unsatisfied how the things are going on and simply want to express your frustration, we will not.*

Visiting hours:

- **Monday & Tuesday, 10am—12pm**
in N&N office in Multi Media Center

Hard deadline for submissions:

- **Tuesday 3pm**

Poster to publish:

- **Width 9.5cm x Height 4cm**

Katiya & Alexey,
NewsAndNotes@auroville.org.in



Accessible Auroville Public Bus

avbus@auroville.org.in



Auroville TO PONDICHERRY

Monday to Saturday	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest house—Junction	7:02	8:52	14:52
Town Hall—Main Parking	7:06	8:56	14:56
Solar Kitchen—Roundabout	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35



Pondicherry TO AUROVILLE

Monday to Saturday	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Roundabout	8:34	12:50	18:44
Town hall—Main Parking	8:38	12:54	18:48
Vérité Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

Emergency Services

Ambulance (24/7): Auroville—9442224680

- PIMS—0413 2656271

Security (24/7):

- Auroville Security & Emergency Services (ASES)—9443090107
- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

Health:

- Health Center—0413 3509942 & 3509943
- Santé—0413 2622803
- Farewell—8903836246

Mental health 24/ 7 support:

- Vandrevalla Foundation +91 9999666555

India Emergency Response Service (24/ 7): 108